

PRICES GOOD MAY 08 THROUGH MAY 21, 2024 - MARGATE & PEMBROKE PINES



MARGATE
3201 N. State Road 7
754.283.8222

PEMBROKE PINES
8030 Pines Blvd
954.437.8330



SIGN UP FOR OUR
EMAIL LIST TO
RECEIVE OUR
WEEKLY ADS!



MOTHER'S DAY DEALS!

BEEF TENDERLOIN

Whole Filet Mignon

9.99 lb.



Fresh
SMALL SNAPPER
3/4-1 lb.

6.99 lb.



On the Vine
TOMATOES

1.49 lb.



CHICKEN LEG QUARTER MEAL
with 2 Sides

4.99



BEEF CULOTTES (PICANHA)
2 in pack

4.99 lb.



Barefoot
WINE
1.5 ltr.

7.99

SUBSCRIBE TO OUR E-MAIL LIST TO RECEIVE OUR ADS AND FLASH SALES - WWW.BROWARDMEATANDFISH.COM - AND FOLLOW US ON FACEBOOK OR INSTAGRAM!

BROWMAR050824

WE RESERVE THE RIGHT TO CORRECT ANY ERRORS AND LIMIT QUANTITIES • ALL DEALS WHILE SUPPLIES LAST • NOT ALL STORES CARRY ALL PRODUCTS • WE ACCEPT APPLE PAY, VISA, EBT, AMEX, DISCOVER & MASTERCARD

PRICES GOOD MAY 08 THROUGH MAY 21, 2024 - MARGATE & PEMBROKE PINES

SIZZLING SAVINGS!

BEEF RIBEYE STEAKS
Family Pack

8.99 lb.



Boneless
CHICKEN BREAST TENDERS

1.99 lb.



Grass-Fed
SHOULDER LAMB CHOPS

3.99 lb.



CHICKEN DRUMSTICKS BOGO



BEEF TENDERLOIN
(Whole Filet Mignon)

9.99 lb.



Center Cut
PORK CHOPS
Family Pack

2.49 lb.



BEEF OXTAIL

7.99 lb.



PORK SPARE RIBS

2.29 lb.



BEEF CULOTTES (PICANHA)
2 in pack

4.99 lb.



TURKEY V-WINGS

2.49 lb.



From Spain
IBERICO PORK BELLY
(Pancetta para Chicharron)

3.79 lb.



WHOLE CHICKEN

.99 lb.

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PRICES GOOD MAY 08 THROUGH MAY 21, 2024 - MARGATE & PEMBROKE PINES

HOOK, LINE & DINNER!

Fresh, Wild-Caught
WHITE SHRIMP
16-20 ct.

9.99 lb.



Fresh
MAHI MAHI FILLET

6.99 lb.



1 lb.
Bag

Frozen
**COOKED MUSSELS WITH
GARLIC & BUTTER**
1 lb.

4/\$5



Fresh
WHOLE SALMON **6.99** lb.



**SALTED
LING** **5.49** lb.



2 lb.
Bag

Frozen
BANGAMARY FISH **5.99** ea.
2 lb.



Previously Frozen
**CHILEAN
SEABASS FILLET** **10.99** lb.



Fresh
LARGE SNAPPER **4.99** lb.
6 lbs & Up



Fresh
**GROUPE
HEAD** **2.99** lb.



Frozen
**WHOLE
KING FISH** **3.29** lb.



EZ Peel
RAW SHRIMP **8.99** lb.
26-30 ct.



1.5 lb.

Frozen
**BATTERED HADDOCK
PORTIONS** **8.99**
1.5 lb.

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FRESH FOR LESS!

Seedless WATERMELON

5.99



Fresh SPINACH
10 oz. Bag

2/\$4

GARLIC
5 pk.
2/\$3



On the Vine TOMATOES

1.49 lb.



GALA APPLES
3 lb. Bag

2/\$5



YELLOW YAM

1.99 lb.



Fresh Made in Store
AJI VERDE SAUCE
8 oz.

3.99



Fresh YUCA

.69 lb.



Fresh RED PEPPER

1.89 lb.



IDAHO POTATOES
5 lb. Bag

2/\$5



Fresh ORANGES
4 lb. Bag

3.99



Dry RED KIDNEY BEANS
5 lb.

6.99



Sentaniz VEGETABLE PIKLIZ LA-KAY
16.9 oz.

5.99



Fresh Made in Store CHIMICHURRI
16 oz.

5.99

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PRICES GOOD MAY 08 THROUGH MAY 21, 2024 - MARGATE & PEMBROKE PINES

STOCK UP AND SAVE BIG ON FROZEN FAVORITES



La Fe
YUCA
Select varieties
4 lbs. **3.99**



El Sembrador
PIGEON PEAS **2/\$3**
14 oz.



McCain
**CRINKLE CUT
FRIES** **2.99**
20 oz.



Easy Pickins
**JAMAICAN
ROASTED
BREADFRUIT** **3.99**
16 oz.



El Sembrador
TOSTONES **8.99**
Select varieties
3 lbs.



Mimi's
**NEOPOLITAN PIZZA
MARGHERITA** **8.99**
14.1 oz.

LOCAL
COMPANY



Hot Pockets
**FROZEN
SNACKS** **2.99**
2 pk.



Banquet
FROZEN MEALS **3/\$5**
Select varieties
7.4-11.88 oz.



Mrs. T's
PIEROGIES **2.99**
16 oz.



Luigi's
ITALIAN ICES **3.99**
6 pk./6 oz.



Stone Ridge
**ASSORTED
ICE CREAM** **3.49**
48 oz.



Ben & Jerry
**ASSORTED
ICE CREAM** **4.99**
16 oz.

BAKED TO PERFECTION

We feature a scratch bakery with fresh-baked bread every day!

DELI DELIGHTS

Unbelievable prices on Boar's Head!



Fresh Baked
ITALIAN BREAD
.99



Fresh Made
PIZZA DOUGH **2/\$3**



Fresh Baked
**MINI BUTTER
CROISSANTS** **4.99**
18 ct.



Boar's Head
BOLOGNA
(Pork & Beef)
6.49lb.



Boar's Head
**CRACKED PEPPER
MILL SMOKED
TURKEY BREAST** **9.49**lb.



El Toro
**SWEET
SERRANO HAM** **4.99**lb.



Fresh Baked
**GUAVA & CHEESE
TURNOVERS** **3.99**
4 ct.



Fresh Baked
CORN BREAD **2.49**
Assorted Flavors



Fresh Baked
**CIABATTA SANDWICH
ROLLS** **2.99**
4 ct.



Paisa
MUENSTER CHEESE **4.99**lb.



Paisa
MOZZARELLA **4.99**lb.



**COLESLAW,
MACARONI SALAD,
& POTATO SALAD** **2.99**lb.

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STOCK UP AND SAVE BIG ON FAMILY FAVORITES

Goya
CANILLA
LONG GRAIN
RICE
5 lbs.



5 LB. BAG

3.99

Pure Maid
VEGETABLE
OIL
48 oz.



3.99

Mission
FLOUR
TORTILLAS
All Varieties
23 oz.



2/\$7

Flora
ASSORTED
PASTA
1 lb.



4/\$5

Goya
ASSORTED
BEANS
29 oz.

Large Cans



2.49

Mediterranean
Market
EXTRA VIRGIN
OLIVE OIL
33.8 oz.



7.49

Broward
Meat & Fish
LEMON BLEND
32 oz.



.99

Akenton
NATURAL RAW
CANE SUGAR
24 oz.



1.99

Duke's
REAL
MAYONNAISE
30 oz.



4.49

Mahatma
JASMINE
RICE
5 lbs.



7.99

Dakota Maid
ALL PURPOSE
FLOUR
5 lbs.



2/\$5

Morton
PLAIN OR
IODIZED SALT
26 oz.



2/\$3

Gloria
EVAPORATED
MILK
12 oz.



4/\$5

La Lechera
SWEETENED
CONDENSED
MILK
14 oz.



2.99

Essential Everyday
CORN OIL
128 oz.



14.99

Goya
MARIA OR
PALMERITAS
COOKIES
3-3.5 oz.



.59

Badia
COMPLETE
SEASONING
1.75 lbs.



6.49

Tony Chachere's
MARINADE
INJECTABLES
17 oz.



5.99

Iberia
EXTRA VIRGIN
OLIVE OIL &
SUNFLOWER
OIL BLEND
68 oz.



8.99

Vigo
YELLOW
RICE
8 oz.



4/\$5

Rao's
MARINARA
SAUCE
24 oz.



6.99

Keebler
EXPORT SODA
CRACKERS
28 oz.



7.99

Bumble Bee
CHUNK TUNA
IN WATER
OR OIL
5 oz.



4/\$5

Old El Paso
DINNER
KITS
8.8-12.5 oz.



2/\$7

Mission
ROUND
TORTILLA
CHIPS
11 oz.



2.99

Heinz
KETCHUP
38 oz.



3.99

Libby's
ASSORTED
VEGETABLES
14.5-15 oz.



.99

Orville
Reddenbacher's
ASSORTED
MICROWAVE
POPCORN
3 pk.



2/\$5

Kraft
BBQ
SAUCES
18 oz.



2/\$4

Duncan Hines
ASSORTED
CAKE MIXES
15.25 oz.



2/\$3

Asian Best
THAI
JASMINE RICE
25 lbs.



25 lb. Bag

21.99

Gain
DETERGENT
154 oz.



13.99

Tornado
BLEACH
128 oz.



2/\$5

SMB
CHARCOAL
LIGHTER
FLUID
32 oz.



3.99

Kingsford
CHARCOAL
BRIQUETS
16 lbs.



11.99

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DRINK UP THE SAVINGS

<p>Kool Aid JAMMERS 10 pk./6 oz. 2/\$6</p> 	<p>Celsius ENERGY DRINK 12 oz. 2/\$3</p> 	<p>Core Hydration WATER 30.4 oz. 1.79</p> 	<p>Zalea GUAVA OR MANGO JUICE 8.24 oz. 2/\$1</p> 	<p>Supligen LIQUID MEAL SUPPLEMENT 9.8 oz. 1.79</p> 	<p>Goya COCONUT WATER 17.6 oz. 2/\$3</p> 
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<p>Zephyrhills SPRING WATER 1 gal. 2/\$4</p> 	<p>Electrolit ELECTROLYTE BEVERAGE 21 oz. 2/\$4</p> 	<p>CoAqua SUPER PREMIUM COCONUT WATER 6 pk./8.4 oz. 2/\$6</p> 	<p>Coca Cola ASSORTED SODAS 2 ltr. 2/\$5</p> 	<p>Coca Cola ASSORTED SODAS 6 pk./16.9 oz. 4.99</p> 	<p>Vita Malt ASSORTED MALT BEVERAGES 6 pk./11.2 oz. 4.99</p> 
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LATIN & CARIBBEAN FAVORITES!

Widest selection of international brands!

<p>Tropical Isle BAMMY 12 oz. 2/\$7</p> 	<p>Grace BUTTER BEANS 14.1 oz. 5/\$5</p> 	<p>Excelsior CORNED BEEF 12 oz. 2/\$7</p> 	<p>Tropical Isle ACKEES IN BRINE 19 oz. 5.99</p> 	<p>Grace JERK SEASONING 10 oz. 2.99</p> 
<p>Grace PEANUT PUNCH 8.1 oz. 4/\$5</p> 	<p>Goya RED KIDNEY BEANS, PINTO BEANS, BLACK BEANS, OR SMALL RED BEANS 14 oz. 2/\$3</p> 	<p>Grace COCONUT MILK 13.5 oz. 99¢</p> 	<p>Lee CREAM CRACKERS 12 oz. 1.99</p> 	<p>P•A•N CORN MEAL 35.2 oz. 1.99</p> 

DAIRY DELIGHTS!

<p>Chobani ASSORTED GREEK YOGURT 5.3 oz. 5/\$5</p> 	<p>Chobani FLIPS 5.3 oz. 4/\$5</p> 	<p>Daisy SOUR CREAM SQUEEZE 14 oz. 2.49</p> 	<p>Hillandale Farms THICK CUT SHREDDED CHEESES Assorted Varieties, 8 oz. 2/\$5</p> 	<p>I Can't Believe It's Not Butter MARGARINE SPREAD 15 oz. 3.99</p> 
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<p>Kraft DELUXE AMERICAN CHEESE 24 ct./16 oz. 5.99</p> 	<p>Philadelphia ORIGINAL CREAM CHEESE 8 oz. 2.99</p> 	<p>Planet Oat OATMILK CREAMER 32 oz. 3.99</p> 	<p>Minute Maid ASSORTED PUNCHES 59 oz. 2/\$4</p> 	<p>Simply ASSORTED ORANGE JUICE 52 oz. 3.99</p> 
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GRAB A DRINK TO TOAST TO GREAT PRICES

Coronita
BEER
24 pk./7 oz.
25.99



Peroni
ITALIAN
IMPORTED
BEER
6 pk.
5.99



Guinness
EXTRA STOUT
BEER
6 pk.
8.99



Pilsner
Urquell
BEER
6 pk.
6.99



Las Mulas
WINE
750 ml.
4.99



Taylor
PORT WINE
750 ml.
6.99



Meiomi
WINE
750 ml.
15.99



Fairbanks
PORT WINE
1.5 ltr.
11.99



Marques de Cáceres
RED BLEND WINE
750 ml.
2/\$10



Barefoot
WINE
1.5 ltr.
7.99

**DON'T FEEL LIKE COOKING?
VISIT OUR CAFÉ FOR TASTY MEALS WITHOUT THE HASSLE!**



CHICKEN LEG
QUARTER MEAL
with 2 Sides
4.99



SIZZLING
STEAK MEAL
with 2 Sides
8.99



12" PIZZA
Cheese or Pepperoni
4.99



JAMAICAN
PATTIES
2/\$3

**WE
CATER!**

See our website
or visit us in
store for full
catering menu!

**SIGN UP FOR OUR EMAIL LIST TO RECEIVE OUR WEEKLY ADS!
WE ACCEPT DEBIT, EBT, AMEX, DISCOVER,
VISA, APPLE PAY, & MASTERCARD**



<https://www.browardmeatandfish.com>



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