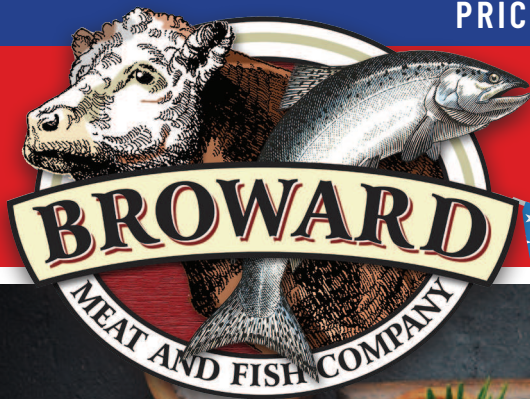


PRICES GOOD JULY 2 THROUGH JULY 15, 2025 - NORTH LAUDERDALE & LAUDERDALE LAKES



NORTH LAUDERDALE
8040 West McNab Road
954.726.8686

LAUDERDALE LAKES
3388 N. State Road 7
954.484.1952



**SIGN UP FOR OUR
EMAIL LIST TO
RECEIVE OUR
WEEKLY ADS!**

HOT SUMMER SAVINGS!

PORK SPARE RIBS

2.69 lb.



**2
LBS.**

ITALIAN SAUSAGES

2 lb. Pack

5.99



Whole
**CHICKEN
WINGS**

1.99 lb.



Royal Oak
**LUMP
CHARCOAL**
15.44 lbs.

14.99



Fresh From Florida
SALMON STEAK

6.99 lb.



**10
LBS.**

**CHICKEN LEG
QUARTERS**
10 lb. Bag

6.99



Presidente
**PILSNER
STYLE BEER**
12 pk. / 12 oz.

11.99

FREE KRAFT BBQ SAUCE

18OZ, WITH \$50 PURCHASE

WITH THIS COUPON. NOT VALID WITH ANY OTHER OFFERS OR ON PRIOR PURCHASES. VOID IF REPRODUCED. EXPIRES 7-15-25.

FREE BLUE PURIFIED WATER

24PK/16.9OZ, WITH \$100 PURCHASE

WITH THIS COUPON. NOT VALID WITH ANY OTHER OFFERS OR ON PRIOR PURCHASES. VOID IF REPRODUCED. EXPIRES 7-15-25.

\$10 OFF ANY PURCHASE OF \$150 OR MORE

WITH THIS COUPON. NOT VALID WITH ANY OTHER OFFERS OR ON PRIOR PURCHASES. VOID IF REPRODUCED. EXPIRES 7-15-25.

SUBSCRIBE TO OUR E-MAIL LIST TO RECEIVE OUR ADS AND FLASH SALES - WWW.BROWARDMEATANDFISH.COM - AND FOLLOW US ON FACEBOOK OR INSTAGRAM!

BROWNLO70325

WE RESERVE THE RIGHT TO CORRECT ANY ERRORS AND LIMIT QUANTITIES • ALL DEALS WHILE SUPPLIES LAST • NOT ALL STORES CARRY ALL PRODUCTS • WE ACCEPT APPLE PAY, VISA, EBT, AMEX, DISCOVER & MASTERCARD

JULY 4TH SAVINGS CELEBRATION - NORTH LAUDERDALE & LAUDERDALE LAKES

SIZZLING
SAVINGS!

BEEF
PICANHA
2 Pack

7.99 lb.



BEEF FLAP
MEAT

Churrasco de vacío
Whole in Bag

9.99 lb.



BEEF T-BONE
STEAKS

7.99 lb.



BEEF
BURGERS
4 lbs. /16 pcs.

11.99



PORK BABY
BACK RIBS
Sliced

3.99 lb.



PORK
COUNTRY
STYLE RIBS

1.99 lb.



BEEF
TOMAHAWK
STEAKS
In Bags

12.99 lb.



CHICKEN CUT
FOR CURRY
(Pollo para Chicharron)
Family Pack

.99 lb. CHICKEN
DRUMSTICKS



BOGO CHICKEN
BONELESS BREAST 2.69 lb.



Swift
BONELESS BACON
WRAPPED PORK EYE
OF ROUND FILET
2 pk./ 10 oz.

Swift

3.00 Large, Meaty
CHICKEN
PAWS



1.99 lb.

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PRICES GOOD JULY 2 THROUGH JULY 15, 2025 - NORTH LAUDERDALE & LAUDERDALE LAKES



CATCH OF THE DAY!

Fresh
EASY PEEL ARGENTINA RED SHRIMP
16-20 ct.

9.99 lb.



Fresh from Florida
WHOLE SALMON

5.99 lb.



Fresh from Florida
SALMON STEAK
6.99 lb.



Fresh
WHOLE LARGE SNAPPER
6 lbs. & up
4.99 lb.



Fresh
CORVINA FILLET
9.99 lb.



Fresh
SNAPPER STEAK
6.99 lb.



GASPE-STYLE SALTED FISH
6.99 lb.



Frozen
SNOW CRAB LEGS
18.99 lb.



Water's Edge
TILAPIA FILLETS
10 lbs.
29.99



Frozen
CLEAN SNAPPER
2 lbs.
12.99



Matlaw's
STUFFED CLAMS
20 oz.
5.99



La Casa del Encabollado
BOLLO DE PESCADO
500 g.
6.99



Jade Lion
COOKED SHRIMP
PEELED & DEVEINED
51-60 ct.
2 lbs.
11.99



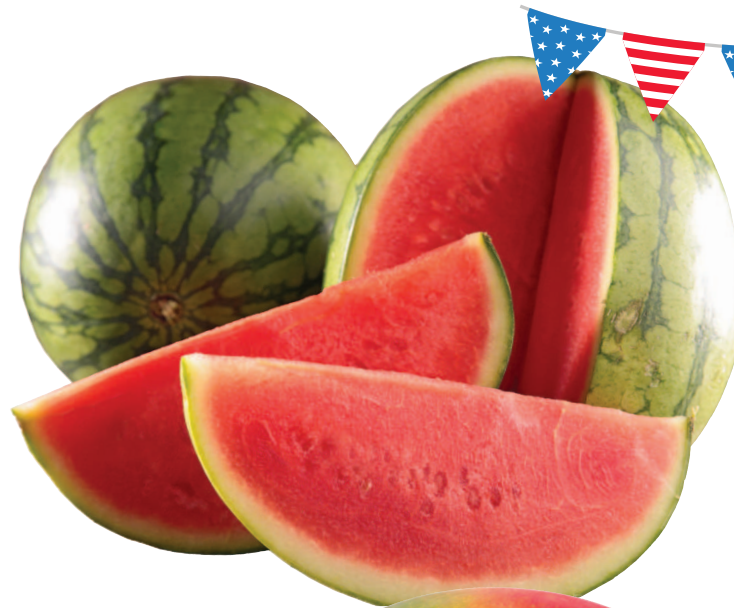
Frozen
YELLOWTAIL SNAPPER MINUTAS
7.99 lb.

JULY 4TH SAVINGS CELEBRATION - NORTH LAUDERDALE & LAUDERDALE LAKES

FRESH FOR LESS!

SEEDLESS
WATERMELON

3.99



CORN



5/\$2.99

MANGO
2/\$3



STRAWBERRIES
1 lb.



2/\$5



BROCCOLI

2/\$5



GREEN
ONION

2/\$1



GREEN
PEPPERS **1.29** lb.



Fresh Cut
WATERMELON
CHUNKS **6.99**
32 oz.



COLLARD
GREENS
Bunch

2/\$5



IDAHO
POTATOES
5 lb. Bag

2.99



SPINACH
10 oz. Bag

2/\$4



ROMAINE
LETTUCE
3 pack

2.99



Fresh Made In Store
PICO DE
GALLO
16 oz.



5.99

GREEN
BANANAS

.59 lb.

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PRICES GOOD JULY 2 THROUGH JULY 15, 2025 - NORTH LAUDERDALE & LAUDERDALE LAKES

STOCK UP AND SAVE BIG ON FROZEN FAVORITES



El Viejo Luis
LIMA BEANS
16 oz.

2/\$5



La Fe
PIGEON PEAS
14 oz.

1.69



El Latino
**AJIACO
SANCOCHO
CRIOLLO**
23 oz.

2/\$5



El Viejo Luis
**TOSTONES
HAWAIIANOS
(HAWAIIAN STYLE
PLANTAINS)**
2 lbs.

5.99



Interfries
FRENCH FRIES
5 lbs.

5.99



El Viejo Luis
**CORN ON
THE COB**
4 ct.

3.99



Cavendish
**HASH BROWN
PATTIES**
10 ct.

2/\$6



Naturissimo
**TORTITA DE VERDE
CON QUESO**
450 g.

4.99



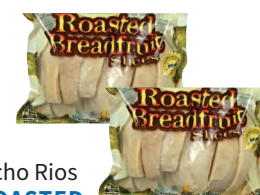
Peru Chef
AJI AMARILLO
1lb.

3.49



Grace
**JAMAICAN STYLE
PATTIES**
9 oz.

2.99



Ocho Rios
**ROASTED
BREADFRUIT
SLICES**
1 lb.

3.99



Fruitique
**ASSORTED
ICE CREAM**
4 oz.

1.89

DELI DELIGHTS

North Lauderdale Only



Paiza
SMOKED HAM
5.99 lb.



Citterio
MORTADELLA
(with or without pistachios)
5.99 lb.



El Toro
CRIOILLO HAM
5.49 lb.



Paiza
**AMERICAN YELLOW OR
WHITE CHEESE**
5.49 lb.



Paiza
MOZZARELLA
5.49 lb.



**CUBAN HAM
CROQUETTES**
2/\$1

BAKED TO PERFECTION

North Lauderdale Only



Fresh Baked
**ITALIAN
BREAD ROLLS**
8 ct.
3.49



Fresh Baked
CUBAN BREAD
2/\$3



Fresh Baked
ASSORTED MUFFINS
4 ct.
2.99



Flora
ASSORTED COOKIES
16 oz.
4.99

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JULY 4TH SAVINGS CELEBRATION - NORTH LAUDERDALE & LAUDERDALE LAKES

STOCK UP AND SAVE BIG ON FAMILY FAVORITES

Heinz
**KETCHUP
SQUEEZE**
20 oz.

2.99



Brioche
Gourmet
**HAMBURGER
BUNS**
7.5 oz.

2/\$4



Kordas
**HOT DOG
BUNS**
8 ct.

2/\$4



Hellmann's
**REAL
MAYONNAISE**
20 oz.

4.99



Tom's
**BARBECUE
SAUCE**
16 oz.

3.99



Takis
**ASSORTED
ROLLED
TORTILLA
CHIPS**

4.99



Donkey
**TORTILLA
CHIPS**
11 oz.

2.99



Pik Nik
**SHOESTRING
POTATOES**
9 oz.

3.99



Kellogg's
**ASSORTED
CEREALS**
Family Size

4.99



Lay's
**ASSORTED
POTATO
CHIPS**

2/\$9



Morton
**IODIZED
SALT**
26 oz.

2/\$3



La Fe
**JASMINE
RICE**
5 lbs.

4.99



Kraft
**ASSORTED
BBQ SAUCE**
18 oz.

4/\$5



Carnation
**EVAPORATED
MILK**
12 oz.

2/\$3



Domino
SUGAR
4 lbs.

3.99



Grace
**COCONUT
MILK**
13.5 oz.

1.19



Royal
**BASMATI
RICE**
20 lbs.

24.99



Vigo
**PAELLA
VALENCIANA**
19 oz.

3.99



Chicken of the Sea
**CHUNK
LIGHT TUNA**
5 oz.

4/\$5



Barilla
**ASSORTED
PASTAS**
12-16 oz.

1.59



Essential
Everyday
**PURE
VEGETABLE
OIL**
1 gal.

10.99



American Spice
**MEAT
TENDERIZER**
32 oz.

3.99



Underwood
**DEVILED
HAM SPREAD**
4.25 oz.

2/\$5



Essential
Everyday
**YELLOW
MUSTARD**
20 oz.

1.99



Flora
**EXTRA VIRGIN
OLIVE OIL
BLEND**
33.8 oz.

3.49



American Spice
**SEASONED
YELLOW RICE**
3.25 lbs.

4.99



Louisiana
**CAJUN
FISH FRY**
10 oz.

2/\$3



Nezka
**SWEET
CONDENSED
CREAMER**
13.4 oz.

.99



Lam's
TOSTONES
(Lemon, Garlic, or Spicy)
4 oz.

2/\$5



Madame
Gougousse
**JASMINE
RICE**
20 lb.

21.99



Goya
CHORIZOS
3.5 oz.

2/\$5



Bar S
**CLASSIC OR
CHICKEN
FRANKS**
12 oz.

2/\$3



Kingsford
**MATCH LIGHT
CHARCOAL**
12 lbs.

13.99



SMB
**CHARCOAL
LIGHTER
FLUID**
32 oz.

3.99



Royal Oak
**LUMP
CHARCOAL**
15.44 lbs.

14.99



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PRICES GOOD JULY 2 THROUGH JULY 15, 2025 - NORTH LAUDERDALE & LAUDERDALE LAKES

DRINK UP THE SAVINGS

Blue
PURIFIED
WATER
24 pk. /16.9 oz.

2/\$7



Mott's
APPLE
JUICE
64 oz.

2/\$7



Frescolita
VENEZUELAN
SODA
11.2oz

3/\$2



Ocean Spray
CRANBERRY
JUICES
64 oz.

3.99



Master of Mixes
ASSORTED
MIXERS
1 ltr.

2/\$6



Coca Cola,
Fanta,
Sprite
ASSORTED
SODAS
12 pk. / 12oz.

6.99



Gatorade
THIRST
QUENCHER
28 oz.

4/\$9



Capri Sun
VARIETY
PACK
40 Pouches

12.99



Grace
COCONUT
WATER
1 ltr.

2/\$5



Del Frutal
ASSORTED
NECTARS
33.8 oz.

2/\$3



Arizona
ASSORTED
TEAS
1 gal.

2.99



Ting
SPARKLING
SODA
Assorted Varieties,
20 oz.

4/\$5



LATIN & CARIBBEAN FAVORITES!

Widest selection of international brands!

Vita Malt
MALT
BEVERAGE
Assorted Varieties,
6 pk./11.2 oz.

5.99



Tropical Isle
SCOTCH
BONNET
PEPPER
SAUCE
5 oz.

2/\$3



Grace
JERK
SEASONING
Hot or Mild,
10 oz.

3.99



Grace
TOMATO
KETCHUP
13.5 oz.

2/\$3



Nestle Milo
CHOCOLATE
POWDER
14.1 oz.

4.49



Conchita
BLACK
BEANS
15 oz.

2/\$3



Sello Rojo
ESPRESSO
GROUND
COFFEE
10 oz.

3.99



Sazon Guama
SPECIAL
SEASONING
36 Packets

2/\$5



P.A.N.
WHITE
CORN
MEAL
35.27 oz.

2/\$4



Guerrero
TOSTADAS
22 ct.

2/\$5



DAIRY DELIGHTS!

Philadelphia
CREAM
CHEESE
2 pk. /8 oz. Blocks

4.99



Dairy Fresh
WHIPPED
CREAM
7 oz.

2.99



Kraft
DELUXE
AMERICAN
CHEESE
12 oz.

4.99



Daisy
SOUR
CREAM DIPS
Assorted Varieties,
16 oz.

2/\$6



Dairy Fresh
BUTTER
16 oz.

2/\$7



Kraft
SHREDDED
CHEESE
Assorted Varieties,
8 oz.

2/\$5



Tropical
QUESO DE
FREIR
30 oz.

7.99



Jello
ASSORTED
PUDDINGS
& GELATINS
4 pk.

2/\$4



El Exquisito
ASSORTED
FLAN
34 oz.

7.99



Simply
LEMONADES,
LIMEADE, FRUIT
PUNCH, OR
WATERMELON
JUICE
52 oz.

2/\$5



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JULY 4TH SAVINGS CELEBRATION - NORTH LAUDERDALE & LAUDERDALE LAKES

GRAB A DRINK TO TOAST TO GREAT PRICES



Beck's
**PILSNER
BEER**
6 pk. / 12 oz.
5.99



Corona Extra
**MEXICAN
LAGER**
12 pk. / 12 oz.
17.99



Presidente
**PILSNER
STYLE BEER**
12 pk. / 12 oz.
11.99



Medalla
LIGHT BEER
12 pk. / 10 oz.
11.99



Frontera
ASSORTED WINE
1.5 ltr.
7⁹⁹



Daily's
FROZEN COCKTAILS
10 oz.
2/\$4



Tropical
ASSORTED MOSCATO
750 ml.
9.99



Apothic
RED BLEND WINE
750 ml.
8.99



Toña
**NICARAGUAN
LAGER BEER**
6 pk. / 12 oz.
8.99



Guinness
**EXTRA STOUT
BEER**
6 pk. / 11.2 oz.
9.99

DON'T FEEL LIKE COOKING?
VISIT OUR CAFÉ FOR TASTY MEALS WITHOUT THE HASSLE!
North Lauderdale Only



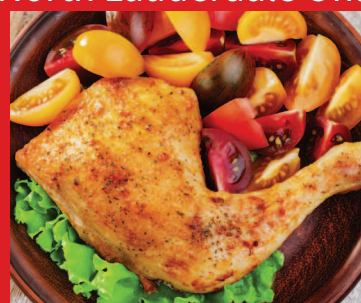
**ROAST PORK
SHOULDER
(PERNIL)**
Feeds 4-6

27.99



BBQ RIBS
Full Rack

10.99



**CHICKEN LEG
QUARTER
COMBO**
with 2 Sides

5.99



**FRIED
SNAPPER
COMBO**
with 2 Sides

9.99

**LET US
CATER YOUR
PARTY!**

**ROTISSERIE
CHICKEN OR ROAST
PORK (PERNIL)**
with 2 Sides,
Feeds 12
Must Pre-Order

89.99

SIGN UP FOR OUR EMAIL LIST TO RECEIVE OUR WEEKLY ADS!

**WE ACCEPT ALL MAJOR PAYMENT CARDS, SNAP EBT, & NATIONS
BENEFITS OTC CARDS FROM AVMED, FLORIDA BLUE, AND MORE!**



<https://www.browardmeatandfish.com>

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