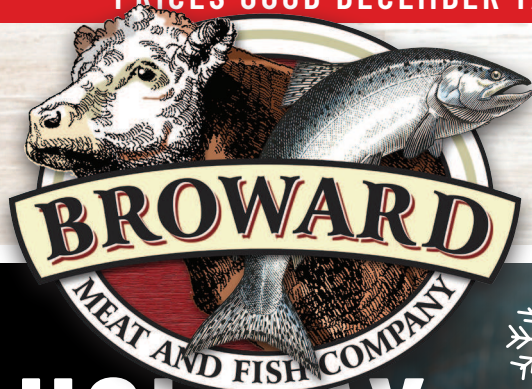


PRICES GOOD DECEMBER 17 THROUGH DECEMBER 30, 2025 - NORTH LAUDERDALE & LAUDERDALE LAKES



**NORTH LAUDERDALE**

8040 W McNab Rd  
954.726.8686

**LAUDERDALE LAKES**

3388 N. State Road 7  
954.484.1952

SEE OUR  
**CHRISTMAS  
CATERING MENU**  
online or in-store.  
Must pre-order!

**GIFT CARDS  
AVAILABLE  
FOR PURCHASE!**



# HOLIDAY FAVORITES!

USDA Choice  
Certified Angus Beef  
**BEEF  
SIRLOIN TIP**  
(Bola Entera de Primera Calidad)

**5.99lb.**

*Special  
Hours*

All Stores Open  
Until 9PM from  
12/20 - 12/24



Whole, Lean & Meaty  
**PORK  
SHOULDER**  
(Paleta de Cerdo)

**1.69lb.**



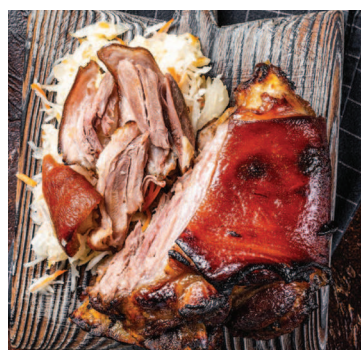
USDA Inspected  
**BEEF  
STANDING  
RIB ROAST**

**8.99lb.**



Lee Brand  
**SMOKED HAM  
PORTIONS**

**2.89lb.**



Let us do the cooking!  
**ROAST PORK  
(PERNIL) DINNER  
WITH 2 SIDES**  
Feeds 10-12

**99.99**



Fresh  
**WHOLE  
POMPANO  
FISH**

**3.99lb.**



Red Label  
**WINES**  
750 ml.

**6.99**

**\$10 OFF**  
**ANY CATERING ORDER  
OVER \$100**

With this coupon. Not valid with any other  
offers or on prior purchases. Expires 12-30-25

We carry all your favorite holiday  
items! Whole Pigs and Whole Lambs  
for Roasting, Geese, Muscovy and  
Long Island Ducks, Cornish Hens,  
Baking Hens, Guinea Hens, Pheasant,  
Quails, and Much More!

**FREE**  
**BROWARD MEAT & FISH  
REUSABLE BAG WITH  
ANY PURCHASE  
OVER \$50**

With this coupon. Not valid with any other  
offers or on prior purchases. Expires 12-30-25

SUBSCRIBE TO OUR E-MAIL LIST TO RECEIVE OUR ADS AND FLASH SALES - [WWW.BROWARDMEATANDFISH.COM](http://WWW.BROWARDMEATANDFISH.COM) - AND FOLLOW US ON FACEBOOK OR INSTAGRAM!

BROWN121825

WE RESERVE THE RIGHT TO CORRECT ANY ERRORS AND LIMIT QUANTITIES • ALL DEALS WHILE SUPPLIES LAST • NOT ALL STORES CARRY ALL PRODUCTS • WE ACCEPT ALL MAJOR PAYMENT CARDS, SNAP EBT, AND NATIONS BENEFIT AND S3 NETWORK OTC CARDS




HOLIDAY SAVINGS STOREWIDE! - NORTH LAUDERDALE & LAUDERDALE LAKES



**HOLIDAY FAVORITES!**

Genuine  
**GOAT MEAT**  
**5.99** lb.



Penn-Amish Fresh  
**WHOLE TURKEYS**  
**2.89** lb.



USDA Prime  
Certified Angus Beef  
**BEEF BRISKET**  
Whole **6.99** lb.



**PORK BELLY**  
**(PANCETTA PARA CHICHARRÓN)** **4.49** lb.



Penn-Amish All Natural  
**LEG QUARTERS**  
10 lb. bag **8.99**



Super Tender, Argentinian  
**BEEF OUTSIDE SKIRTS** **13.99** lb.



USDA Inspected  
**WHOLE TENDERLOIN** **13.99** lb.



New Zealand Grass-Fed  
**LEG OF LAMB** **7.99** lb.



**CHICKEN CUT FOR CURRY**  
**(CHICHARRÓN)** **1.29** lb.



USDA Prime,  
Certified Angus Beef  
**BEEF CHUCK ROLL** **6.99** lb.  
Whole in Bag



Light & Meaty  
**PORK SPARE RIBS** **2.29** lb.  
2 in Bag



Boneless & Skinless  
**CHICKEN BREAST** **2.49** lb.



FEAST OF THE FISHES! - NORTH LAUDERDALE & LAUDERDALE LAKES

# SAVOR THE FLAVORS OF THE SEA!

Fresh  
**MAHI MAHI FILLET**  
**8.99lb.**



From Argentina  
**ROYAL RED SHRIMP, U-15**  
**9.99lb.**



Frozen  
**WHOLE MAINE LOBSTER**  
**7.99lb.**



Fresh  
**CORVINA STEAK**  
**7.99lb.**



Fresh  
**WHOLE POMPANO FISH**  
**3.99lb.**



Fresh from Florida  
**WHOLE SALMON**  
**5.99lb.**



From Turks & Caicos  
**CONCH**  
**17.99lb.**



**DUNGENESS CRAB CLUSTERS**  
**20.99lb.**



Frozen  
**PREMIUM SALMON PORTIONS**  
**6.99lb.**



Frozen  
**WHOLE CLEANED BLUE CRAB**  
**6.99lb.**



Water's Edge  
**TILAPIA FILLETS**  
2 lbs.  
**6.99**



Frozen  
**THREAD HERRING (SPRAT)**  
5 lbs.  
**8.99**



Frozen  
**KING CRAB LEGS**  
20 Up  
**34.99lb.**



Matlaw's  
**STUFFED CLAMS**  
20 oz.  
**6.99**

SUBSCRIBE TO OUR E-MAIL LIST TO RECEIVE OUR ADS AND FLASH SALES - [WWW.BROWARDMEATANDFISH.COM](http://WWW.BROWARDMEATANDFISH.COM) - AND FOLLOW US ON FACEBOOK OR INSTAGRAM!

BROWN121825

WE RESERVE THE RIGHT TO CORRECT ANY ERRORS AND LIMIT QUANTITIES • ALL DEALS WHILE SUPPLIES LAST • NOT ALL STORES CARRY ALL PRODUCTS • WE ACCEPT ALL MAJOR PAYMENT CARDS, SNAP EBT, AND NATIONS BENEFIT AND S3 NETWORK OTC CARDS



HOLIDAY SAVINGS STOREWIDE! - NORTH LAUDERDALE & LAUDERDALE LAKES

# GARDEN OF GOODNESS!

RED SEEDLESS GRAPES

2.99<sup>lb.</sup>



COLLARD GREENS  
bunch

2/\$7



HASS AVOCADO

4/\$3

ORANGES

4 lb. Bag

4.99



5 LB. BAG

IDAHO POTATOES  
5 lb. Bag

2/\$5 SWEET ONIONS



.89<sup>¢</sup> lb. LEMONS



3/\$1 MALANGA ISLEÑA



.99<sup>¢</sup> lb.

WHOLE WHITE MUSHROOMS  
8 oz. 2/\$4



3 LB. BAG

GALA APPLES  
3 lb. Bag

2/\$5 CARROTS  
2 lb. Bag



2/\$3 Fresh Housemade CHIMICHURRI  
16 oz.



5.99

SCOTCH BONNET PEPPERS  
Bag



1.29



WE HAVE A WIDE VARIETY OF DRIED AND CANDIED FRUIT FOR YOUR HOLIDAY BAKING!

SUBSCRIBE TO OUR E-MAIL LIST TO RECEIVE OUR ADS AND FLASH SALES - [WWW.BROWARDMEATANDFISH.COM](http://WWW.BROWARDMEATANDFISH.COM) - AND FOLLOW US ON FACEBOOK OR INSTAGRAM!

BROWN121825

WE RESERVE THE RIGHT TO CORRECT ANY ERRORS AND LIMIT QUANTITIES • ALL DEALS WHILE SUPPLIES LAST • NOT ALL STORES CARRY ALL PRODUCTS • WE ACCEPT ALL MAJOR PAYMENT CARDS, SNAP EBT, AND NATIONS BENEFIT AND S3 NETWORK OTC CARDS



HOLIDAY SAVINGS STOREWIDE! - NORTH LAUDERDALE & LAUDERDALE LAKES

STOCK UP AND SAVE BIG ON FROZEN FAVORITES



La Fe  
**YUCA**  
4 lbs.

**6.99**



La Fe  
**PIGEON PEAS**  
14 oz.

**1.79**



El Sembrador  
**WHOLE FROZEN OKRA**  
16 oz.

**2.99**



Mambo  
**SANCOCO**  
2 lbs.

**2.99**



El Viejo Luis  
**MASA DE GUINEO**  
3 lbs.

**3.99**



El Viejo Luis  
**SWEET PLANTAINS**  
4 lbs.

**6.49**



Ore Ida  
**CRISPY WAFFLE FRIES**  
22 oz.

**2.99**



El Viejo Luis  
**DOUGH FOR PASTRIES (MASAS PARA EMPANADAS)**  
10 ct.

**2/\$3**



Goya  
**HAWAIIAN TOSTONES**  
32 oz.

**8.99**



La Fe  
**BANANA LEAVES**  
16 oz.

**2/\$3**



El Latino  
**AJIACO COLOMBIANO**  
2 lbs.

**5.99**



Mama Tere  
**PAN DE YUCA**  
14 oz.

**5.49**

BAKED TO PERFECTION



Table Talk  
**ASSORTED PIES**  
Excluding Pecan, 22 oz.

**2/\$8**

Fresh Store Made  
**PUERTO RICAN BREAD**

**2/\$4**



Fresh Baked  
**CROISSANTS**  
4 pk.

**2.99**

Fresh Baked  
**CORN BREAD**

**2/\$5**

DELI DELIGHTS

North Lauderdale Only



Paisa  
**CUBAN BRAND SMOKED HAM**

**4.99 lb.**

El Toro  
**COOKED PORK**

**4.99 lb.**

Citterio  
**GENOA OR HARD SALAMI**

**6.99 lb.**



El Toro  
**SERRANO CRIOLLO HAM**

**4.99 lb.**

Paisa  
**SWISS CHEESE**

**4.99 lb.**

Old Tyme  
**PROVOLONE CHEESE**

**4.99 lb.**



# HOLIDAY SAVINGS STOREWIDE! - NORTH LAUDERDALE & LAUDERDALE LAKES

Bruce's Yams  
**CUT SWEET  
POTATOES  
IN SYRUP**  
40 oz.

**2.99**



Idahoan  
**ASSORTED  
POTATOES**  
4.1oz.

**3/\$5**



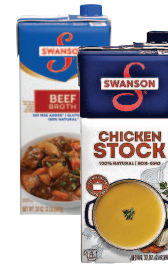
Heinz  
**ASSORTED  
HOMESTYLE  
GRAVY**  
12 oz.

**2/\$4**



Swanson  
**ASSORTED  
COOKING  
STOCKS &  
BROTHS**  
32 oz.

**2/\$5**



P.A.N.  
**WHITE  
CORN MEAL**  
35.27 oz.

**2/\$3**



Pure Maid  
**VEGETABLE  
OIL**  
48 oz.

**3.99**



Mueller's  
**ASSORTED  
PASTA**  
16 oz.

**2/\$3**



Broward  
Meat & Fish  
**DISTILLED  
WHITE  
VINEGAR**  
1 gal.

**2/\$4**



Goya  
**ASSORTED  
BEANS**  
15.5 oz.

**4/\$5**



Stove Top  
**ASSORTED  
STUFFING MIX**  
6 oz.

**2/\$4**



American Spice  
**SEASONED  
YELLOW RICE**  
3.25 lbs.

**4.99**



Libby's  
**ASSORTED  
VEGETABLES**  
14.5 oz.

**4/\$5**



Morton  
**SALT**  
26 oz.

**1.49**



Goya  
**TOMATO  
SAUCE**  
8 oz.

**5/\$3**



Chifles  
**PLANTAIN  
STRIPS**  
12 oz.

**5.99**



Grace  
**BUTTER  
BEANS**  
14.1 oz.

**4/\$5**



Café Bustelo  
**ESPRESSO  
GROUND  
COFFEE**  
10 oz.

**5.99**



King's Hawaiian  
**SAVORY  
BUTTER  
ROLLS**  
12 ct.

**3.49**



Broward  
Meat & Fish  
**LEMON  
BLEND**  
32 oz.

**.99**



New York Bakery  
**ASSORTED  
CROUTONS**  
5 oz.

**2/\$4**



Dole  
**ASSORTED  
CANNED  
PINEAPPLE**  
20 oz.

**2/\$4**



Coco Lopez  
**CREAM OF  
COCONUT**  
15 oz.

**2.79**



Iberia  
**COCONUT MILK**  
13.5 oz.

**.99**



Dixie Crystals  
**SUGAR**  
4 lbs.

**3.99**



Pillsbury  
**FLOUR**  
5 lbs.

**3.99**



Magnolia  
**EVAPORATED  
MILK**  
12 oz.

**2/\$4**



Sun-Maid  
**CALIFORNIA  
SUN-DRIED  
RAISINS**  
12 oz.

**2.99**



Libby's  
**100% PURE  
PUMPKIN**  
15 oz.

**2.59**



Maizena  
**NATILLA CON  
SABOR A TRES  
LECHES**  
300 g

**2.99**



Ramo  
**FRUIT AND  
WINE CAKE**  
500 g

**9.99**



Dux  
**PANETTONE  
WITH  
RAISINS**  
24.7 oz.

**5.99**



Royal Dansk  
**DANISH  
BUTTER  
COOKIES**  
12 oz.

**5.99**



Badia  
**CINNAMON  
STICKS**  
12 oz.

**10.99**



Iberia  
**EXTRA VIRGIN  
OLIVE OIL  
PREMIUM  
BLEND**  
68 oz.

**7.99**



Mahatma  
**LONG  
GRAIN RICE**  
20 lbs.

**12.99**



SUBSCRIBE TO OUR E-MAIL LIST TO RECEIVE OUR ADS AND FLASH SALES - [WWW.BROWARDMEATANDFISH.COM](http://WWW.BROWARDMEATANDFISH.COM) - AND FOLLOW US ON FACEBOOK OR INSTAGRAM!

BROWNL121825

WE RESERVE THE RIGHT TO CORRECT ANY ERRORS AND LIMIT QUANTITIES • ALL DEALS WHILE SUPPLIES LAST • NOT ALL STORES CARRY ALL PRODUCTS • WE ACCEPT ALL MAJOR PAYMENT CARDS, SNAP EBT, AND NATIONS BENEFIT AND S3 NETWORK OTC CARDS



# HOLIDAY SAVINGS STOREWIDE! - NORTH LAUDERDALE & LAUDERDALE LAKES

## DRINK UP THE SAVINGS

Dole  
**PINEAPPLE JUICE**  
46 oz.

**3.99**



Martinelli's  
**SPARKLING CIDER**  
750 ml.

**3.99**



Preserved Harvest  
**PASTEURIZED APPLE CIDER**  
64 oz.

**2.99**



Ocean Spray  
**CRANBERRY JUICE**  
64 oz.

**3.99**



Coca Cola & Sprite  
**ASSORTED SODAS**  
2 Ltr.

**2.99**



Canada Dry  
**ASSORTED GINGER ALE MINI**  
10/7.5 oz.

**6.99**



Grace  
**TROPICAL RHYTHMS JUICE**  
16 oz.

**3/\$5**



Golden Seed  
**COCONUT WATER**  
33.8 oz.

**2/\$5**



Vita Malt  
**ASSORTED MALT BEVERAGES**  
6/11.2 oz.

**5.99**



Sunny D  
**ASSORTED DRINKS**  
64 oz.

**2/\$5**



Master of Mixes  
**ASSORTED COCKTAIL MIXERS**  
1 Ltr.

**2.99**



Blue  
**PURIFIED WATER**  
40/16.9 oz.

**4.99**



## LATIN & CARIBBEAN FAVORITES!

Widest selection of international brands!

Royal Montego  
**INSTANT GINGER TEA**  
10 ct.

**2.99**



Goya  
**SELECT DRY BEANS**  
14 oz.

**2/\$3**



Sanchis Mira  
**ASSORTED TURRONES**  
7 oz.

**3.99**



Goya  
**SAZÓN SEASONING**  
Econo-Pak 3.52 oz.

**2.99**



Grace  
**CORNED BEEF**  
12 oz.

**4.99**



PA  
**COCONUT CREAM**  
5 oz.

**2/\$3**



Tony's  
**BULLA CAKES**  
20 oz.

**3.99**



Lasco  
**SOY FOOD DRINK**  
4.2 oz.

**2/\$4**



Grace  
**JACK MACKEREL**  
15 oz.

**2/\$4**



Grace  
**FESTIVAL MIX**  
9.5 oz.

**2.99**



## DAIRY DELIGHTS!

Lindsay Gold  
**LARGE WHITE EGGS**  
1 dozen

**2/\$5**



Reddi Wip  
**WHIPPED TOPPING**  
6.5 oz.

**2.99**



Essential Everyday  
**BUTTER STICKS**  
16 oz.

**3.99**



Philadelphia  
**CREAM CHEESE**  
8 oz.

**2/\$4**



Land O Lakes  
**HALF & HALF**  
32 oz.

**3.49**



Imperial  
**VEGETABLE OIL SPREAD**  
45 oz.

**3.99**



Dairy Fresh  
**ASSORTED SHREDDED CHEESE**  
8 oz.

**2/\$4**



Welch's  
**ASSORTED JUICE COCKTAILS**  
59 oz.

**3.99**



El Exquisito  
**Sabor FLAN**  
30 oz.

**7.99**



Cream O' Land  
**MILK**  
1 gal.

**4.49**



SUBSCRIBE TO OUR E-MAIL LIST TO RECEIVE OUR ADS AND FLASH SALES - [WWW.BROWARDMEATANDFISH.COM](http://WWW.BROWARDMEATANDFISH.COM) - AND FOLLOW US ON FACEBOOK OR INSTAGRAM!

BROWN121825

WE RESERVE THE RIGHT TO CORRECT ANY ERRORS AND LIMIT QUANTITIES • ALL DEALS WHILE SUPPLIES LAST • NOT ALL STORES CARRY ALL PRODUCTS • WE ACCEPT ALL MAJOR PAYMENT CARDS, SNAP EBT, AND NATIONS BENEFIT AND S3 NETWORK OTC CARDS



HOLIDAY SAVINGS STOREWIDE! - NORTH LAUDERDALE & LAUDERDALE LAKES



Peroni  
**NASTRO AZZURRO BEER**  
6pk/11.2 oz.  
**6.99**



Red Stripe  
**LAGER BEER**  
6pk/11.2oz.  
**9.99**



Guinness  
**EXTRA STOUT BEER**  
6pk/11.2 oz.  
**9.99**



Corona or Heineken  
**BEER**  
12 pk/12 oz.  
**18.99**



Manischewitz  
**CONCORD GRAPE WINE**  
750 ml.  
**6.99**



Chi-Chi's  
**ASSORTED COCKTAILS**  
167 ml.  
**5/\$5**



Vino Dell'Amicizia  
**ASSORTED WINE**  
750 ml.  
**8.99**



Tropical  
**ASSORTED WINES**  
750 ml.  
**9.99**



Barcelo  
**GRAN VINO SANSON**  
750 ml.  
**8.99**



Casa Farive  
**PROSECCO EXTRA DRY**  
750 ml.  
**8.99**



**DON'T FEEL LIKE COOKING?**  
**VISIT OUR CAFÉ FOR TASTY MEALS WITHOUT THE HASSLE!**  
See full Christmas catering menu online or in store. Must pre-order!  
North Lauderdale Only





Ready to Grab & Go!  
**WHOLE COOKED ROAST PORK (PERNIL)**  
**27.99**



Ready to Grab & Go!  
**BAKED SALMON COMBO**  
with 2 Sides  
**8.49**



**MUST PRE-ORDER**  
**CHRISTMAS HAM OR TURKEY DINNER**  
with 2 Sides & Gravy for 10-12 People  
**129.99**



**MUST PRE-ORDER**  
**ASSORTED PARTY PLATTERS AVAILABLE!**  
Meat, Cheese, Fruit, and Vegetables  
**19.99-49.99**



**MUST PRE-ORDER**  
**WE ROAST WHOLE PIGS!**  
**ALL SIZES**

**SIGN UP FOR OUR EMAIL LIST TO RECEIVE OUR WEEKLY ADS!**

WE ACCEPT ALL MAJOR PAYMENT CARDS, SNAP EBT, & NATIONS BENEFITS AND S3 NETWORK OTC CARDS FROM AVMED, FLORIDA BLUE, HUMANA, CAREPLUS, AND MORE!

DELIVERY AVAILABLE THROUGH INSTACART AND UBER EATS.



**GIFT CARDS NOW AVAILABLE!**



<https://www.browardmeatandfish.com>



SUBSCRIBE TO OUR E-MAIL LIST TO RECEIVE OUR ADS AND FLASH SALES - [WWW.BROWARDMEATANDFISH.COM](http://WWW.BROWARDMEATANDFISH.COM) - AND FOLLOW US ON FACEBOOK OR INSTAGRAM!

WE RESERVE THE RIGHT TO CORRECT ANY ERRORS AND LIMIT QUANTITIES • ALL DEALS WHILE SUPPLIES LAST • NOT ALL STORES CARRY ALL PRODUCTS • WE ACCEPT ALL MAJOR PAYMENT CARDS, SNAP EBT, AND NATIONS BENEFIT AND S3 NETWORK OTC CARDS