

PRICES GOOD MAY 20 THROUGH JUNE 02, 2026 - PEMBROKE PINES, MARGATE, & NORTH LAUDERDALE



PEMBROKE PINES
8030 Pines Blvd
954.437.8330

NORTH LAUDERDALE
8040 W McNab Rd
954.726.8686

MARGATE
3201 N. State Road 7
754.283.8222



FOLLOW US ON
INSTAGRAM FOR
FLASH SALES,
RECIPES, AND
MORE!

MEMORIAL DAY SAVINGS!

USDA PRIME
BEEF CULOTTES
(Picanha de Primera Calidad)
2 Pack

8.99 lb.



WHEN YOU
PURCHASE
PACKS AT \$1.99
BOGO



**FRESH EASY
PEEL WHITE
SHRIMP**
13-15 ct.

99¢ lb.

**WHOLE
CHICKEN
WINGS**



**PORK
SPARE RIBS**
2 in Pack

7.99 lb.



**LOOSE
CORN**

1.99 lb.

5/\$2.99



**Royal Oak
CHARCOAL**
15.44 lbs.

15.99

SUBSCRIBE TO OUR E-MAIL LIST TO RECEIVE OUR ADS AND FLASH SALES - WWW.BROWARDMEATANDFISH.COM - AND FOLLOW US ON FACEBOOK OR INSTAGRAM!

BROWMAR052126

WE RESERVE THE RIGHT TO CORRECT ANY ERRORS AND LIMIT QUANTITIES • ALL DEALS WHILE SUPPLIES LAST • NOT ALL STORES CARRY ALL PRODUCTS • WE ACCEPT ALL MAJOR PAYMENT CARDS, SNAP EBT, AND NATIONS BENEFIT AND S3 OTC CARDS.

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SIZZLING SAVINGS!

BEEF HAMBURGER PATTIES

4 lbs./ 16 pieces

14.99



FRESH MADE IN STORE

SAUSAGES

All Flavors, 2 lbs.

5.99



10 LBS.

CHICKEN LEG QUARTERS

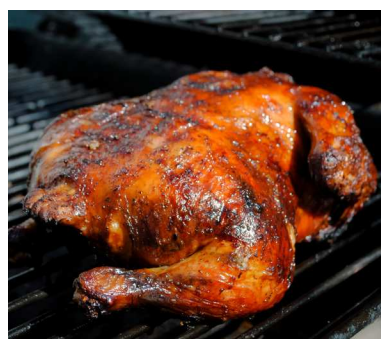
10 lb. Bag

7.99



PORK TOMAHAWK CHOPS

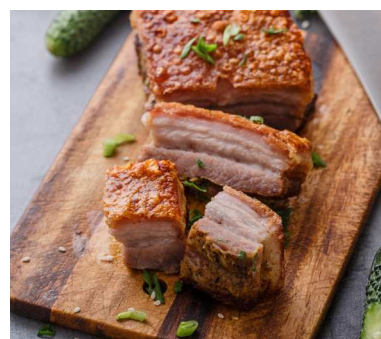
2.29 lb.



MARINATED WHOLE CHICKEN

Ready for the Grill!

99¢ lb.



PORK BELLY (Pancetta para Chicharrón)

3.99 lb.



BEEF RIBEYE TOMAHAWK STEAKS

12.99 lb.



PORK SLICED SPARE RIBS

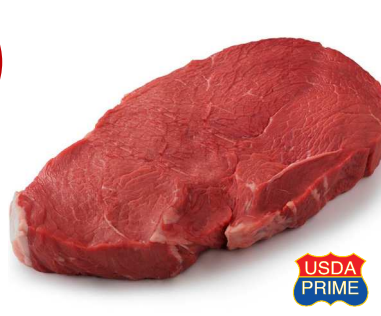
2.99 lb.



WHEN YOU PURCHASE PACKS AT \$1.99 BOGO

WHOLE CHICKEN WINGS

99¢ lb.



USDA Prime SIRLOIN STEAK (Cuadril de Primera Calidad)

9.99 lb.



PORK SPARE RIBS 2 in Pack

1.99 lb.



BONELESS CHICKEN BREAST

1.99 lb.

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HOOK, LINE & DINNER!

Fresh
**WHOLE LANE
SNAPPER**

3/4-1 lb.

7.99 lb.



Fresh
**WHOLE LARGE
SNAPPER**

6 lbs. & up

5.99 lb.



Frozen
**LOBSTER
TAILS**
7 oz.

2/\$23.99



Fresh
**WHOLE
YELLOWTAIL**
3/4-1 lb.

7.99 lb.



Frozen
**MAINE
WHOLE
LOBSTER**

7.99 lb.



Fresh
**WHOLE RED
TILAPIA**

4.49 lb.



Fresh
**WHOLE
BRANZINO**

8.99 lb.



Fresh
**EASY PEEL
WHITE SHRIMP**
13-15 ct.

7.99 lb.



From Turks & Caicos

**FRESH
CONCH MEAT**

17.99 lb.



Fresh
SWAI FILLET

4.99 lb.



Frozen
**SNOW CRAB
LEGS 8/10**

19.99 lb.



Deep
**WHITE RAW PEEL
& DEVEINED TAIL-ON
SHRIMP**
4 lb. bag, 21-25 ct.

23.99



Albacora
**ECUADORIAN
ALBACORE LOIN
(TUNA)**
1 lb.

9.99



Fish Ork
**FROZEN WHOLE
CARIBBEAN RED
SNAPPERS**
10 lb.

49.99

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FRESH FOR LESS!

LOOSE CORN

5/\$ **2.99**



SEEDLESS WATERMELON

3.99



SWEET POTATOES

.59lb.



PINEAPPLE

3.99



CILANTRO

2/\$ **1** GREEN BANANA



.59lb.



POTATOES IDAHO 5 lb.

2/\$ **5** GREEN CABBAGE



2lbs./\$ **1** SPINACH



2/\$ **4**



MANGO

2/\$ **4** BLUEBERRIES 1 pint



2/\$ **6**



Fresh Cut WATERMELON CHUNKS 32 oz.

6.99



Broward Meat and Fish HOMEMADE CHIMICHURRI 16 oz.

5.99



Jackie's Kitchen JAMAICAN HOT SCOTCH BONNET PICKLED PEPPERS 16 oz.

9.99

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STOCK UP AND SAVE BIG ON FROZEN FAVORITES

 <p>La Fe YUCA 4 lbs.</p>	 <p>Grace GREEN PIGEON PEAS (CUBAN PEAS) 14 oz.</p>	 <p>El Viejo Luis CALIFORNIA BLEND 32 oz.</p>	 <p>Bird's Eye CORN ON THE COB 12 ct.</p>	 <p>El Viejo Luis SWEET PLANTAINS 4 lbs.</p>	 <p>Goya VIANDAS PARA SANCOCHO 32 oz.</p>
5.99	1.99	3.99	4.49	5.99	4.49

 <p>Max PAO DE ALHO TRADICIONAL (GARLIC BREAD) 309 g</p>	 <p>Forna de Minas PAO DE QUEIJO COQUETEL (BRAZILIAN CHEESE BREAD) 400 g.</p>	 <p>KinGrill FRENCH FRIES 5 lbs.</p>	 <p>Ore Ida ASSORTED TATER TOTS 28-32 oz.</p>	 <p>Stone Ridge Creamery ASSORTED ICE CREAM 48 oz.</p>	 <p>Crem Helado FROZEN DESSERTS 4 pk./13.52 oz.</p>
3.99	4.99	5.99	3.99	2/\$7	4.99

BAKED TO PERFECTION

We feature a scratch bakery with fresh-baked bread every day!



FRESH BAKED ITALIAN BREAD
3 Pack

2.99

Made Fresh Daily
GARLIC KNOT ROLLS
6 Pack

2/\$5

DELI DELIGHTS

Unbelievable prices on Boar's Head!



Boar's Head
DELUXE HAM

9.99 lb.

Boar's Head
OVENGOLD TURKEY

10.99 lb.

Paisa
PROVOLONE CHEESE

4.99 lb.



Made Fresh Daily
12" CHEESE PIZZA

2/\$12



Fresh Baked
ASSORTED POUND CAKE

2.99



Land O Lake
YELLOW OR WHITE AMERICAN CHEESE

6.99 lb.



El Toro
SERRANO HAM

4.99 lb.



FRESH MADE POTATO SALAD

2.99 lb.

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STOCK UP AND SAVE BIG ON FAMILY FAVORITES

Bunny
**HOT DOG OR
HAMBURGER
BUNS**
12 oz.
2/\$6



Kinder
**ASSORTED
BBQ SAUCE**
15.5 oz.
2/\$8



Heinz
KETCHUP
2 Pack, 50.5 oz.
9.99



Bush's
**ASSORTED
BEANS**
28 oz.
2/\$6



Cris-sal
**GRILLING AND BBQ
OR FINE
CRISTAL
SEA SALT**
17.63 oz.
1.29



Pik-nik
**ORIGINAL
SHOESTRING
POTATOES**
9 oz.
3.99



Hellmann's
MAYONNAISE
30 oz.
6.99



American
Spice
VINEGAR
1 gal.
1.99



King's
Hawaiian
ROLLS
12 oz.
2/\$7



Louisiana
**SHRIMP FRY
OR FISH FRY**
10 oz.
2/\$4



Goya
**BLACK BEANS,
RED OR PINK**
15.5 oz.
4/\$5



Broward
Meat and Fish
BUTTER BEANS
14 oz.
79¢



Conchita
**JASMINE
RICE**
5 lbs.
7.99



Mueller's
**ASSORTED
PASTA**
16 oz.
4/\$5



Gloria
**EVAPORATED
MILK**
13 oz.
2/\$3



Domino
SUGAR
4 lb.
4.99



De Cecco
**ASSORTED
PASTA**
16 oz.
2/\$5



Carlo's
**HOMEMADE
TOMATO
SAUCE**
26 oz.
4.99



Kraft
**ASSORTED
SALAD
DRESSING**
16 oz.
2/\$5



Maggi
**CHICKEN
FLAVOR
BOUILLON**
15.9 oz.
4.49



Mahatma
**LONG
GRAIN
RICE**
20 lbs.
11.99



Rosalini
**AVOCADO OIL &
SUNFLOWER OIL**
67.6 oz.
11.49



Bauducco
TOAST
5.01 oz.
2/\$3



Starburst
**FREEZER
POPS**
20 ct.
2/\$5



Mazola
CORN OIL
128 oz.
14.99



Hampton
**SALTED
ROASTED
PEANUTS**
24 oz.
3.99



Stacey
**PITA
THINS**
6.75 oz.
2/\$7



Slim Kim
POPCORN
15 oz.
4.49



Chifles
**BREAD
CRISPS**
5.3 oz.
2/\$4



Pringles
**ASSORTED
POTATO
CRISPS**
4.9-6 oz.
2/\$5



Hefty
**FOAM
PLATES**
45 ct.
3.49



Broward
Meat and Fish
FOAM COOLER
22 qt.
9.99



Clorox
BLEACH
1 gal.
4.99



Kingsford
**CHARCOAL
LIGHTER
FLUID**
32 oz.
4.99



Magma
CHARCOAL
40 lbs.
21.99



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DRINK UP THE SAVINGS

<p>Blue WATER 24 pk. 2/\$7</p> 	<p>Coca Cola ASSORTED SODA 12 pk. 2/\$16</p> 	<p>Grace COCONUT WATER 1 ltr. 2/\$5</p> 	<p>Capri-Sun ASSORTED JUICE 10 pk. /6 oz. 2/\$6</p> 	<p>San Pellegrino SPARKING MINERAL WATER 16.9 oz. 5/\$5</p> 	<p>No Days Off ASSORTED WATER 16 oz. 99¢</p> 
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<p>Polar ASSORTED GINGER ALE & SELTZER 1 ltr. 99¢</p> 	<p>Reed's CRAFT GINGER BEER 4 pk. /12 oz. 5.99</p> 	<p>Lunish PREBIOTIC SODA 330 ml. 2/\$3</p> 	<p>Goya MALTA 6 pk. /7 oz. 4.99</p> 	<p>Jarritos COCONUT WATER 17.5 fl. oz. 4/\$5</p> 	<p>Maison Perrier SPARKLING WATER 4 pk. /11.5 oz. 3.99</p> 
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LATIN & CARIBBEAN FAVORITES!

Widest selection of international brands!

<p>Walkerswood JERK SEASONING 10 oz. 4.49</p> 	<p>Champion CHOWMEIN NOODLES 12 oz. 2/\$5</p> 	<p>Grace MACKEREL 5.5 oz. 3/\$2</p> 	<p>Caribbean Sunshine PIGEON PEAS WITH COCONUT MILK 15 oz. 2/\$3</p> 	<p>Grace HOT PEPPER SAUCE 12 oz. 2/\$7</p> 
<p>Excelsior WATER CRACKERS 10.57 oz. 2/\$3</p> 	<p>Van Ecuador SOLID TUNA IN OIL 12.5 oz. 4.99</p> 	<p>Iberia COCONUT MILK 13.5 oz. 4/\$5</p> 	<p>Sello Rojo COLOMBIAN COFFEE 10 oz. 2/\$8</p> 	<p>Goya ADOBO CON PIMIENTA, SIN PIMIENTA, OR CON COMINO 8 oz. 3.99</p> 

DAIRY DELIGHTS!

<p>Land O Lakes SALTED OR UNSALTED BUTTER STICKS 1 lb. 4.99</p> 	<p>Kraft SHREDDED CHEESE 8 oz. 2/\$5</p> 	<p>Philadelphia CREAM CHEESE 2 pk. /8 oz. 4.99</p> 	<p>Mr. Tango SALCHICHA PARILLERA 2 lbs. 9.99</p> 	<p>Country Crock VEGETABLE OIL SPREAD 30 oz. 5.99</p> 
<p>Coffeemate ASSORTED CREAMERS 32 oz. 4.99</p> 	<p>Silk ASSORTED ALMOND MILK 64 oz. 2/\$7</p> 	<p>Eggland's Best ORGANIC LARGE BROWN EGGS 1 doz. 4.99</p> 	<p>Florida Natural ORANGE JUICE 89 oz. 7.99</p> 	<p>Minute Maid ASSORTED JUICE 59 oz. 2/\$5</p> 

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GRAB A DRINK TO TOAST TO GREAT PRICES

Prestige
**LAGER
BEER**
6 pk. / 12 oz.
9.99



Presidente
**PILSENER
STYLE BEER**
12 pk. / 12 oz.
11.99



Peroni
**ITALIAN-STYLE
LAGER BEER**
6 pk. / 12 oz.
6.99



Corona Extra/
Heineken
BEER
12 pk. / 12 oz.
18.99



Chi Chis
**ASSORTED
COCKTAILS**
187 ml.
5/\$5



Barefoot
**ASSORTED
WINES**
750 ml.
2/\$10



Vino Dell'Amicizia
**ASSORTED
WINES**
750 ml.
8.99



Silk and Spice
RED BLEND
750 ml.
9.99



Apothic
RED BLEND
750 ml.
8.99



Josh Cellars
ASSORTED WINE
750 ml.
12.99

DON'T FEEL LIKE COOKING? VISIT OUR CAFÉ FOR TASTY MEALS WITHOUT THE HASSLE!



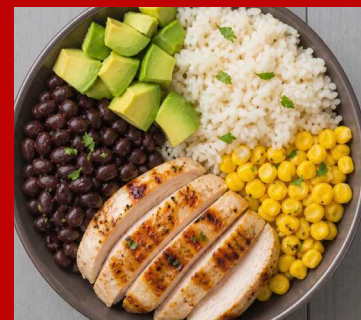
**HAMBURGER
OR HOTDOG
COMBO**
5.99



**CHICKEN LEG
QUARTERS
COMBO**
7.99



**PORK
CHOPS
COMBO**
6.99



**GRILLED CHICKEN
RICE BOWLS**
Rice/Beans/Corn/Avocado
& Grilled Chicken
6.99

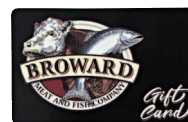


**FULL RACK
OF PORK
RIBS**
12.99

SIGN UP FOR OUR EMAIL LIST TO RECEIVE OUR WEEKLY ADS!

WE ACCEPT ALL MAJOR PAYMENT CARDS, SNAP EBT, & NATIONS BENEFITS AND S3 NETWORK OTC CARDS FROM AVMED, FLORIDA BLUE, HUMANA, CAREPLUS, AND MORE!

DELIVERY AVAILABLE THROUGH INSTACART AND UBER EATS.



**GIFT
CARDS NOW
AVAILABLE!**



<https://www.browardmeatandfish.com>



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