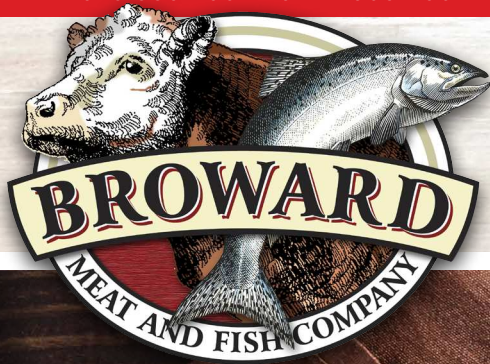


PRICES GOOD JUNE 3 THROUGH JUNE 16, 2026 - PEMBROKE PINES, MARGATE, NORTH LAUDERDALE & LAUDERDALE LAKES



**PEMBROKE PINES**

8030 Pines Blvd  
954.437.8330

**NORTH LAUDERDALE**

8040 W McNab Rd  
954.726.8686

**MARGATE**

3201 N. State Road 7  
754.283.8222

**LAUDERDALE LAKES**

3388 N. State Road 7  
954.484.1952



FOLLOW US ON  
INSTAGRAM FOR  
FLASH SALES,  
RECIPES, AND  
MORE!

**BIG  
SPRING  
SAVINGS!**

Fresh  
**CHICKEN  
DRUMSTICKS  
BOGO**



**SAVE  
1.99LB.**



Fresh from Florida  
**SALMON  
STEAK** **7.99lb.**



Fresh  
**LARGE HEAD-ON  
SHRIMP** **7.99lb.**  
9-12 ct



**PEACHES** **1.69lb.**



Fresh Made In Store  
**GARLIC  
CILANTRO SAUCE** **5.99**  
16 oz.



Fresh Baked  
**CUBAN BREAD** **2/\$3**



Mediterranean Market  
**EXTRA VIRGIN  
OLIVE OIL** **8.99**  
34 oz.



**BONE-IN BEEF  
CHUCK ROAST** **5.99lb.**

**LATIN &  
CARIBBEAN  
FAVORITES!**



Tropical Rhythm  
**ASSORTED  
DRINKS** **2/\$3**  
16 oz.



Yummy  
**HARD DOUGH  
BREAD** **4.99**  
28 oz.



Jamaica Nice  
**COCONUT MILK  
POWDER** **3/\$2**  
50 g.



El Sabor  
**SORREL/FLORES  
DE JAMAICA** **3.99**  
8 oz.



Madame Gougousse  
**CASSAVA BREAD** **2/\$5**  
11 oz



Goya  
**MASAREPA  
YELLOW CORN** **2/\$5**  
35.2 oz.

SUBSCRIBE TO OUR E-MAIL LIST TO RECEIVE OUR ADS AND FLASH SALES - WWW.BROWARDMEATANDFISH.COM - AND FOLLOW US ON FACEBOOK OR INSTAGRAM!

BROWMAR060326

WE RESERVE THE RIGHT TO CORRECT ANY ERRORS AND LIMIT QUANTITIES • ALL DEALS WHILE SUPPLIES LAST • NOT ALL STORES CARRY ALL PRODUCTS • WE ACCEPT ALL MAJOR PAYMENT CARDS, SNAP EBT, AND NATIONS BENEFIT AND S3 OTC CARDS.

PRICES GOOD JUNE 03 THROUGH JUNE 16, 2026 - PEMBROKE PINES, MARGATE, NORTH LAUDERDALE & LAUDERDALE LAKES

# SIZZLING SAVINGS!

Bona Prime  
**BONE-IN RIBEYE STEAK**  
**10.99lb.**



Fresh  
**BONELESS CHICKEN BREAST**

**1.99lb.**



Genuine  
**GOAT MEAT** **4.99lb.**



Ariztia  
**CHICKEN PARTY WINGS** **18.99**  
10 lbs.



**PORK PICNICS** **1.59lb.**  
2 in pack



Ground Fresh Daily  
**GROUND BEEF** **BOGO**  
80/20 LEAN



**BACON WRAPPED PORK EYE OF ROUND FILET** **2.99**  
10 oz./2 pk.



**SALTED PIG TAILS** **14.99**  
5 lbs.



Fresh  
**CHICKEN DRUMSTICKS** **BOGO**



**BONE-IN BEEF CHUCK ROAST** **5.99lb.**



Fresh Made In Store  
**ITALIAN SAUSAGE** **5.99**  
2 lbs.



**MARINATED WHOLE CHICKEN** **.99lb.**  
Ready for the Grill

## DRINK UP THE SAVINGS

Casa Farive  
**PROSECCO WINE**  
750 ml.  
**8.99**

Ruffino  
**LUMINA PINOT GRIGIO**  
750 ml.  
**7.99**

Roscato  
**ROSSO ROLCE SWEET RED**  
750 ml.  
**8.99**

Dos Equis  
**SPECIAL IMPORTED BEER**  
12 pk.  
**10.99**

Hollandia  
**IMPORTED BEER**  
8.5 oz. /24 pk.  
**16.99**

Coronita  
**IMPORTED BEER**  
7 oz. /24 pk.  
**25.99**

# HOOK, LINE & DINNER!

Fresh from Florida  
**WHOLE SALMON**  
**5.99lb.**



Frozen  
**SCALLOPS**  
30-40 ct. **6.99lb.**



Frozen  
**KING FISH STEAK**  
**5.99lb.**



Frozen  
**CARIBBEAN RED SNAPPER**  
4 lbs. **19.99**



Water's Edge  
**TILAPIA FILLETS**  
10 lbs. **29.99**



Fresh  
**GROUPE HEAD**  
**2.99lb.**



Fresh From Florida  
**SALMON STEAK**  
**7.99lb.**



Fresh  
**LARGE HEAD-ON SHRIMP**  
9-12 ct. **7.99lb.**

## DELI DELIGHTS

BOAR'S HEAD NOT AVAILBLE IN NORTH LAUDERDALE STORE, NO DELI IN LAUDERDALE LAKES



Boar's Head  
**LONDON BROIL**  
**13.99lb.**



Boar's Head  
**LOW SODIUM MUENSTER**  
**7.99lb.**



Boar's head  
**TURKEY PASTRAMI**  
**9.99lb.**



Paisa  
**SMOKED HAM**  
**5.99lb.**



**6" INCH EL TORO HAM AND CHEESE SUB**  
with a small soup  
**6.99**

## DAIRY & FROZEN



Grace  
**PIGEON PEAS**  
14 oz. **3/\$5**



La Fe  
**MINI CORN ON THE COB**  
8 ct. **5.99**



Breyers  
**ASSORTED ICE CREAM**  
48 oz. **5.99**



Essential Everyday  
**FROZEN WAFFLES**  
12.3 oz. **2/\$6**



Dairy Fresh  
**BUTTER QUARTERS**  
16 oz. **2.99**



Chobani  
**ASSORTED COFFEE CREAMER**  
24 oz. **5.99**



Dairy Fresh  
**ASSORTED SHREDDED CHEESE**  
8 oz. **2/\$4**



Tropicana  
**ASSORTED ORANGE JUICE**  
46 fl. **4.99**



Almond Breeze  
**ASSORTED MILK**  
96 oz. **5.99**



Exquisito Flan  
**ASSORTED FLANS**  
30 oz. **7.99**

## FRESH PRODUCE



PLUM  
TOMATOES

**1.49**lb.



MALANGA  
ISLEÑA **99¢**lb.



WHITE  
YAM **1.49**lb.



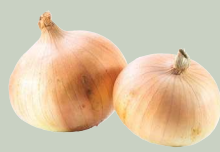
MINI SWEET  
PEPPERS **2/5**  
1 lb.



ORANGES **4.49**  
4 lb.



BROCCOLI **2/5**



YELLOW  
ONION **1.29**  
2 lb.



IDAHO  
POTATOES **2/5**  
5 lb.



MUSHROOM  
BABY BELLA **2/5**  
8 oz.

## GROCERY SAVINGS



Rico  
**MEDIUM  
GRAIN RICE** **5.99**  
5 lbs.



Gold Medal  
**FLOUR** **2.99**  
2 lbs.



Mazola  
**CANOLA OIL** **5.99**  
40 oz.



La Llave  
**ESPRESSO  
COFFEE** **5.99**  
10 oz.



Goya  
**TOMATO  
SAUCE** **2/1**  
5 oz.



Magnolia  
**SWEETENED  
CONDENSED MILK** **2/6**  
14 oz.



Caribbean Sunshine  
**DRIED  
PIGEON PEAS** **3/4**  
15 oz.



Brunswick  
**SARDINES** **2/3**  
3.75 oz.



Don Anecio  
**SPANISH  
SEASONING/  
SOFRITO** **4/5**  
390 g.



American Spice  
**HIMALAYAN  
PINK SALT** **7.49**  
5 lbs.



Nestlé Milo  
**CHOCOLATE  
POWDER** **3.99**  
14.1 oz.



Crystal  
**HOT SAUCE** **2/5**  
12 oz.



Libby's  
**ASSORTED  
VIENNA SAUSAGE** **5/5**  
4.8 oz.



Knorr  
**RICE SIDES** **2/3**  
5.7 oz.



Zephyrhills  
**SPRING WATER** **2/4**  
1 gal.



Gatorade  
**THIRST  
QUENCHERS** **2/4**  
28 oz.



Reynolds  
**HEAVY  
ALUMINUM FOIL** **6.99**  
50 ft.



Tide  
**ASSORTED  
DETERGENT** **13.99**  
84 fl. oz.



Del Rancho  
**CHARCOAL** **7.99**  
8 lbs.



Ajax  
**LIQUID  
DISH SOAP** **5.99**  
90 oz.

**DON'T FEEL  
LIKE COOKING?**  
NOT AVAILABLE IN LAUDERDALE LAKES

Visit our café  
for tasty meals  
without the hassle!



**JERK PORK  
COMBO**  
with 2 Sides **6.49**



**CHICKEN & MUSHROOM  
SAUCE**  
with 2 Sides **7.99**



**BEEF SHORT RIB  
COMBO**  
with 2 Sides **9.99**



**FRIED CHICKEN**  
8 pcs. **7.99**