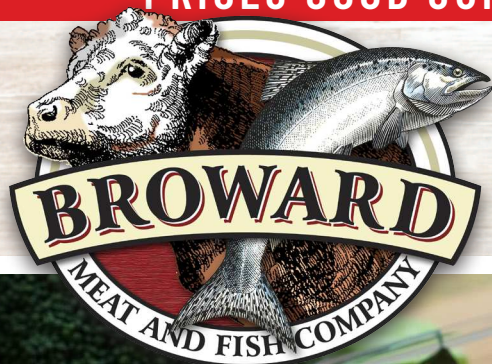


PRICES GOOD JUNE 17 THROUGH JUNE 30, 2026 - ALL STORES



PEMBROKE PINES

8030 Pines Blvd
954.437.8330

NORTH LAUDERDALE

8040 W McNab Rd
954.726.8686

MARGATE

3201 N. State Road 7
754.283.8222

LAUDERDALE LAKES

3388 N. State Road 7
954.484.1952

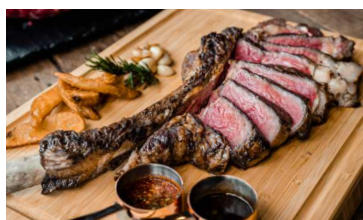


FOLLOW US ON
INSTAGRAM FOR
FLASH SALES,
RECIPES, AND
MORE!

FATHER'S DAY GRILLING FEAST!

COUNTRY-STYLE PORK SPARE RIBS

2.39lb.



**BEEF RIBEYE
TOMAHAWK
STEAKS**

11.99lb.



**DOMINICAN
AVOCADO**

2/\$4



Kingsford
**MATCH LIGHT
CHARCOAL**
12 lb.

12.99



Stella Artois
**BELGIAN
LAGER**
12 pk.

18.99



Red Stripe
BEER
6 pk./ 11.2 oz.

7.99



Tropical
**ASSORTED
WINE**
750 ml.

8.99



Jumbo
**CHICKEN
PARTY WINGS
BOGO**

**SAVE
4.99 lb.**

LATIN & CARIBBEAN FAVORITES!



Grace
**BUTTER
BEANS**
14.1 oz.

4/\$5



Royal Montego
**FESTIVAL
DOUGH MIX**
16 oz.

2/\$4



Grace
**JERK SEASONING
MILD OR HOT**
10 oz.

3.49



Badia
**MOJO
MARINADE**
128 oz.

7.99



Vita Malt
**ASSORTED
MALT BEVERAGES**
6 pk./ 11.2 oz.

5.99



Lasco
**ASSORTED
DRINK MIX**
4 oz.

2/\$4

SUBSCRIBE TO OUR E-MAIL LIST TO RECEIVE OUR ADS AND FLASH SALES - WWW.BROWARDMEATANDFISH.COM - AND FOLLOW US ON FACEBOOK OR INSTAGRAM!

BROWMAR061826

WE RESERVE THE RIGHT TO CORRECT ANY ERRORS AND LIMIT QUANTITIES • ALL DEALS WHILE SUPPLIES LAST • NOT ALL STORES CARRY ALL PRODUCTS • WE ACCEPT ALL MAJOR PAYMENT CARDS, SNAP EBT, AND NATIONS BENEFIT AND S3 OTC CARDS.

PRICES GOOD JUNE 17 THROUGH JUNE 30, 2026 - ALL STORES



SIZZLING SAVINGS!

BEEF BONELESS RIBEYE STEAKS

12.99lb.



BONELESS & SKINLESS CHICKEN BREAST

1.99lb.



4 LBS.

BEEF HAMBURGER PATTIES
4 lbs./16 pc.

14.99



10 LBS.

CHICKEN LEG QUARTERS
10 lbs.

7.99



RIB-END PORK CHOPS

2.49lb.



SAVE 7.99 lb.

GROUND BEEF 80/20 LEAN

BOGO



WHOLE SMALL TURKEY WINGS

2.89lb.



PORK SLICED SPARE RIBS

3.99lb.



LAMB LOIN CHOPS

11.99lb.



Fresh Made In Store
ITALIAN SAUSAGE
2 lbs.

5.49



LAMB SHOULDER RACKS

7.99lb.



USDA Choice
BEEF OXTAILS

8.99lb.

DRINK UP THE SAVINGS

Menage a Trois
ASSORTED WINE
750 ml.

8.99



Sutter Home
ASSORTED WINE
1.5 lt.

8.99



La Final
MALBEC
750 ml.

16.99



Prestige
LAGER BEER
12 oz. /6 pk.

9.99



Dos Equis
Especial
IMPORTED BEER
12 pk.

10.99



Michelob Ultra
LIGHT BEER ALUMINUM BOTTLES
16 oz. /12 pk.

18.99



PRICES GOOD JUNE 17 THROUGH JUNE 30, 2026 - ALL STORES



Bacalao Rico
**SALTED POLLOCK
FILLET** 2/\$7
12 oz.



Frozen
**WHOLE CLEANED
RED SNAPPER** 44.99
10 lb.



Frozen
**YELLOWTAIL
MINUTAS** 6.99 lb.
2 LBS.



Frozen
**ARGENTINA
RED SHRIMP
EASY PEEL** 19.99
8-12 ct., 2 lbs.



Wild Caught
**FRESH LARGE
SNAPPER** 5.99 lb.
6 lbs. & up



Wild Caught
**FRESH LANE
SNAPPER** 6.99 lb.
3/4-1 lb.



Fresh
**BELIZE
CONCH** 15.99 lb.

DAIRY & FROZEN



Viejo Luis
**CORN
ON THE COB** 3.99
8 ct.



Zinho
**GARLIC BREAD
WITH CHEESE** 4.49
309 g.



JT's
**ASSORTED
ICE CREAM** 4.99
1.5 qt.



Casa Do
PAO DE QUEIJO 4.99
(BRAZILIAN CHEESE BREAD)
400 g.



Hillandale
**ASSORTED
SHREDDED
CHEESE** 2/\$5
8 oz.



Country Crock
**ORIGINAL
BUTTER
SPREAD** 6.99
45 oz.



Monsieur Papa
GUAVA NECTAR 2.99
33.8 oz.



Pillsbury
**HOMESTYLE
BISCUITS** 2/\$6
16.3 oz.



Harmless Harvest
**ORGANIC
COCONUT
WATER** 2/\$5
16 oz.



El Latino
**YOGURT
DRINK** 4.49
64 oz.

DELI DELIGHTS

BOAR'S HEAD NOT AVAILBLE IN NORTH LAUDERDALE STORE, NO DELI IN LAUDERDALE LAKES



Boar's Head
**GOUDA
WHEEL** 8.99 lb.



Boar's Head
**LACEY
SWISS CHEESE** 8.99 lb.



Butterball
**LESS SODIUM
TURKEY BREAST** 6.99 lb.



El Paisa
SMOKED HAM 4.99 lb.



Citterio
COOKED HAM 4.99 lb.

PRICES GOOD JUNE 17 THROUGH JUNE 30, 2026 - ALL STORES

FRESH PRODUCE



MINI SWEET PEPPERS
1 lb.

2/\$5



WHITE YAM

1.29lb.



CARIBBEAN PUMPKIN

79¢lb.



TANGERINES
3 lb.

4.99



OKRA

2.49lb.



RED APPLE
3 lb. Bag

2/\$6



GARLIC
5 ct.

2/\$3



WATERMELON CHUNKS
32 oz.

5.99



Broward Meat & Fish STOREMADE CHIMICHURRI
16 oz.

5.99

GROCERY SAVINGS



Mazola **COOKING OIL**
1 gal. **14.99**



Morton **IODIZED SALT**
26 oz. **99¢**



Duke's **REAL MAYONNAISE**
30 oz. **5.99**



Canilla **LONG GRAIN RICE**
20 lbs. **9.99**



Goya **ASSORTED PASTA**
16 oz. **2/\$4**



Badia **COMPLETE SEASONING, NO ADDED SALT**
4.25 oz. **2/\$3**



Carnation **EVAPORATED MILK**
12 oz. **2/\$3**



Bush's **ASSORTED BEANS**
16 oz. **3/\$4**



Red Pack **ASSORTED TOMATOES**
28 oz. **2/\$5**



Van Ecuador **TUNA IN OIL**
5.3 oz. **2/\$5**



Tom's **BARBECUE SAUCE**
64 oz. **11.99**



American Spice **SEASONED YELLOW RICE**
3.25 lb. **4.99**



Doritos **ASSORTED TORTILLA CHIPS**
9.3 oz. **4.99**



Kool Pops **FREEZER POPS**
24 ct. **2/\$5**



El Ranchava **AUTHENTIC MEXICAN TORTILLA CHIPS**
14 oz. **3.99**



Tostitos **ASSORTED SALSA**
15.5 oz. **2/\$7**



Postobon **ASSORTED SODA**
1.5 lt. **4/\$5**



Ocean Spray **CRANBERRY JUICE**
64 fl. oz. **3.99**



Gatorade **ASSORTED SPORTS DRINK**
28 oz. **2/\$4**



Polar **ASSORTED CLUB SODAS**
1 lt. **4/\$5**

DON'T FEEL LIKE COOKING?
NOT AVAILABLE IN LAUDERDALE LAKES

Visit our café
for tasty meals
without the hassle!



STEAK AND ONIONS COMBO
with 2 Sides **9.99**



CHICKEN WING COMBO
with 2 Sides **6.99**



ROPA VIEJA COMBO
with 2 Sides **8.99**



BBQ RIBS
Half Rack **6.99**