

PRICES GOOD OCTOBER 21 THROUGH NOVEMBER 3, 2026 - ALL STORES



PEMBROKE PINES

8030 Pines Blvd
954.437.8330

NORTH LAUDERDALE

8040 W McNab Rd
954.726.8686

MARGATE

3201 N. State Road 7
754.283.8222

LAUDERDALE LAKES

3388 N. State Road 7
954.484.1952



FOLLOW US ON
INSTAGRAM FOR
FLASH SALES,
RECIPES, AND
MORE!

**SCARY
GOOD
SAVINGS!**

USDA Choice
**BEEF BRISKET,
WHOLE IN BAG
4.99lb.**



**BEEF
FLAP MEAT**
Whole in Pack

9.99lb.



**LAMB
SHOULDER
CHOPS**

5.99lb.



Bona Prime
**BEEF
TOMAHAWK
STEAK**

9.99lb.



Fresh from Florida
**SALMON
FILLET**

8.99lb.



Terrapure
**EXTRA VIRGIN
OLIVE OIL**
16.9 oz.

14.99



GALA APPLES
2 lb. Bag

**2 LB.
BAG**

2/\$5



USDA Choice, Certified Angus Beef
WHOLE SIRLOIN TIP
(Bola Entera)

4.99lb.

**LATIN &
CARIBBEAN
FAVORITES!**



Iberia
COCONUT MILK
13.5 oz.

4/\$5



Brunswick
SARDINES
3.75 oz.

2/\$4



Tropical Isle
BAMMY
12 oz.

2/\$7



Grace
**GREEN
SEASONING**
10 oz.

3.99



Grace
**JACK MACKEREL
IN TOMATO SAUCE**
15 oz.

2/\$5



Red Stripe
BEER
6 pk.

6.99

SUBSCRIBE TO OUR E-MAIL LIST TO RECEIVE OUR ADS AND FLASH SALES - WWW.BROWARDMEATANDFISH.COM - AND FOLLOW US ON FACEBOOK OR INSTAGRAM!

BROWMAR102226

WE RESERVE THE RIGHT TO CORRECT ANY ERRORS AND LIMIT QUANTITIES • ALL DEALS WHILE SUPPLIES LAST • NOT ALL STORES CARRY ALL PRODUCTS • WE ACCEPT ALL MAJOR PAYMENT CARDS, SNAP EBT, AND NATIONS BENEFIT AND S3 OTC CARDS.

PRICES GOOD OCTOBER 21 THROUGH NOVEMBER 3, 2026 - ALL STORES

SIZZLING SAVINGS!

PORK SHOULDER

2 in Pack

1.69lb.



BEEF NEW YORK STRIP STEAK

9.99lb.



BEEF CULOTTES (Picanha)

8.99lb.



BEEF RIBEYE STEAK

11.99lb.



GROUND BEEF

BOGO



ASSORTED PORK CHOP

1.99lb.



WHOLE CHICKEN WINGS

BOGO



WHOLE CHICKEN 2 in Pack

1.29lb.



BONELESS CHICKEN BREAST

1.99lb.



PORK SPARE RIBS SLICED

3.99lb.



BEEF FEET 4 lb. Bag



SALTED PORK TAILS 5 lbs.

16.99

DRINK UP THE SAVINGS

Apothic ASSORTED WINE 750 ml.

7.99



Marques de Cáceres RED BLEND 750 ml.

5.99



Shock Top BEER 6 pk.

6.99



Peroni NASTRO AZZURRO BEER 6 pk.

7.99



Becks IMPORTED BEER 12 pk.

12.99



Hatuey CUBAN STYLE BEER 12 pk.

12.99



PRICES GOOD OCTOBER 21 THROUGH NOVEMBER 3, 2026 - ALL STORES

HOOK,
LINE &
DINNER!

Fresh
WHOLE LANE
SNAPPER

3/4-1 lb.

6.99lb.



Frozen
SNOW
CRAB, 8-10

14.99lb.



Fresh
MAHI MAHI
FILLET

8.99lb.



Fresh
CORVINA
FILLET

13.99lb.



Fresh
WHOLE
PARROT FISH

5.99lb.



From Honduras
CONCH

12.99lb.



YELLOWTAIL
3/4-1 lb.

6.99lb.



Fresh
LARGE
SNAPPER
6 lbs. & up

5.59lb.



Frozen
BLACK TIGER
SHRIMP
8-12 ct.

13.99lb.



SWAI FILLET
10 lbs.

27.99



COOKED ROCK
CRAB CLAW
& ARM
2 lbs.

16.99



Merex
SALTED
POLLOCK
FILLET
10 oz.

2/\$6.99

DAIRY & FROZEN



El Viejo Luis
CHOPPED
SPINACH
10 oz.

2/\$3



Sack O' Corn
CORN SHORTIES
6 ct.

2/\$7



El Viejo Luis
ASSORTED
PULP
14 oz.

2/\$5



Ore-Ida
WAFFLE
FRIES
22 oz.

4.99



Lactaid
MILK
96 oz.

5.99



El Latino
ASSORTED
YOGURT
64 oz.

5.99



Twister
ASSORTED
DRINK
59 oz.

2/\$4



Imperial
VEGETABLE OIL
SPREAD
45 oz.

3.99



Daisy
ORIGINAL
SOUR CREAM
16 oz.

2.99



Noah's Pride
CAGE-FREE
MEDIUM EGGS
18 ct.

2.99

PRICES GOOD OCTOBER 21 THROUGH NOVEMBER 3, 2026 - ALL STORES

FRESH PRODUCE



HASS AVOCADOS

4/\$3



WHITE MALANGA

2.69 lb.



SWEET POTATOES

.59 lb.



GREEN BANANAS

.59 lb.



CELERY

2/\$4



YELLOW ONIONS

2 lb. Bag

2/\$3



MANDARINS

3 lb. Bag

4.49



RED POTATOES

5 lb. Bag

2.99



Kiwi Lounge
PASSION FRUIT
& WATERMELON
MANGO SEA
MOSS TEA

12 oz.

5.99

GROCERY SAVINGS



Ronzoni
ASSORTED
PASTA

1 lb.

2/\$3



Cris-Sal
FINE
CRISTAL SALT

17.63 oz.

1.69



Island Pure
ORGANIC
COCONUT OIL

16.9 oz.

6.99



Goya
JASMINE
RICE

5 lbs.

6.99



Gloria
EVAPORATED
MILK

13 oz.

2/\$3



Akenton
NATURAL
BROWN SUGAR

24 oz.

2/\$5



Crisco
VEGETABLE
& CANOLA OIL

40 oz.

4.49



American Spice
LIME BLEND

32 oz.

2/\$3



Prego
ASSORTED
PASTA SAUCE

24 oz.

2/\$7



La Llave
ESPRESSO
COFFEE

10 oz.

6.99



Broward Meat and Fish
BUTTER BEANS

14 oz.

.99



Heinz
TOMATO
KETCHUP

38 oz.

3.99



Grace
BAKED BEANS

14 oz.

4/\$5



Balca
LIGHTLY SALT
ED PLANTAIN
CHIPS

22 oz.

3.49



Canilla
LONG GRAIN
RICE

20 lbs.

11.99



Coca-Cola
ASSORTED
SODAS

12 pk.

7.99



Pure Life
PURIFIED
WATER

40 pk. /16.9 oz.

6.99



Constanza
ASSORTED
COCONUT WATER

4 pk. /10.8 oz.

4.99



Vita Malt
ASSORTED MALT
BEVERAGE

6 pk. /11.2 oz.

5.99



Fire Family
HARDWOOD LUMP
CHARCOAL

33 lb.

22.99

DON'T FEEL
LIKE COOKING?
NOT AVAILABLE IN LAUDERDALE LAKES

Visit our café
for tasty meals
without the hassle!



PORK CHOPS
COMBO
with 2 Sides

6.99



KING FISH STEAK
COMBO
with 2 Sides

7.99



PICADILLO (GROUND BEEF)
COMBO
with 2 Sides

6.99



ITALIAN SUB
6 inch

6.99