BROWARD MEAT AND FISH COMPANY

PEMBROKE PINES
8030 Pines Blvd
954.437.8330

MARGATE
3201 N. State Road 7
754.283.8222

NORTH LAUDERDALE
8040 W McNab Rd
954.726.8686

LAUDERDALE LAKES
3388 N. State Road 7
954.484.1952

FOLLOW US ON INSTAGRAM FOR FLASH SALES, RECIPES, AND MORE!





Netuno
SEAFOOD MIX
1 lb.
3.99



Fresh
EZ PEEL SHRIMP
16-20 ct.
7.99lb.



CARIBBEAN PUMPKIN
.89lb.



ALL BEEF BRISKET BURGERS
8 Patties
11.99



RED APPLES
2 lb. Bag
2/$5



Fresh Baked in Store
ITALIAN BREAD ROLLS
4 ct.
2.49



Fresh Baked in Store
ASSORTED CORN BREAD
3.99

LATIN & CARIBBEAN FAVORITES!



Excelsior
CORNED BEEF
12 oz.
2/$6



La Cocina de Olga
SORREL/FLOR DE JAMAICA
7 oz.
3.99



Grace
JOHNNY CAKE MIX
9.5 oz.
3.49



Grace
CHICKEN VIENNA SAUSAGE
5 oz.
4/$5



Colombina Crakeñas
SALTIN INTEGRAL CRACKERS
13.6 oz.
2/$3



Café Bustelo
ESPRESSO COFFEE
10 oz.
5.99

WE RESERVE THE RIGHT TO CORRECT ANY ERRORS AND LIMIT QUANTITIES • ALL DEALS WHILE SUPPLIES LAST • NOT ALL STORES CARRY ALL PRODUCTS • WE ACCEPT ALL MAJOR PAYMENT CARDS, SNAP EBT, AND NATIONS BENEFIT AND S3 OTC CARDS.

PRICES GOOD NOVEMBER 04 THROUGH NOVEMBER 17, 2026 - ALL STORES





MEDIUM CHICKEN WINGS

BOGO



Boneless and Skinless
CHICKEN BREAST 1.89lb.



ALL BEEF BRISKET BURGERS 11.99
8 Patties



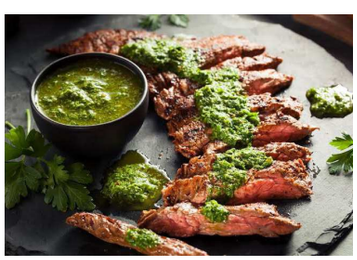
BEEF RIBEYE TOMAHAWK STEAKS 12.99lb.



Semi Boneless
LEG OF LAMB 6.99lb.



LEAN GROUND TURKEY 18.99
5 lb. Pack



BEEF OUTSIDE SKIRTS 9.99lb.



Sliced
PORK BABY BACK RIBS 3.99lb.



CENTER CUT PORK CHOPS 2.49lb.
Family Pack



Lean Boneless
PORK FOR STEW 2.69lb.



BEEF FEET/ PATA DE RES 7.99
4 lb. Bag

DRINK UP THE SAVINGS



XXL
ASSORTED WINE
750 ml.
8.99



Roberto Mondavi
RED BLEND WINE
750 ml.
2/$9



Bosco
MONTEPULCIANO ROSSO
750 ml.
8.99



Guinness
EXTRA STOUT BEER
6 pk./ 11.2 oz.
9.99



Blue Moon
BELGIAN WHITE WHEAT ALE
6 pk./ 12 oz.
7.99

Presidente
IMPORTED BEER
12 pk. / 12 oz.
10.99



PRICES GOOD NOVEMBER 04 THROUGH NOVEMBER 17, 2026 - ALL STORES





Village Pride
GLASS MINNOWS
5 lb.
7.99



Censea
COOKED SHRIMP WITH SAUCE
1 lb.
8.99



Fish Ork Seafood
RED SNAPPER
10 lbs.
39.99









Fresh
EZ PEEL SHRIMP
16-20 ct.
7.99lb.

Fresh
GROUPER HEAD
2.99lb.

Fresh
SNAPPER STEAK
7.99lb.

Fresh from Belize
CONCH
15.99lb.









593 Miami
WAHOO FISH FILLET
1 lb.
11.99

SALTED POLLOCK FILLET
5.49lb.

Netuno
SEAFOOD MIX
1 lb.
3.99

593 Miami
ALBACORA
(Ecuadorian Tuna), 1lb.
9.99

DELI DELIGHTS

NO DELI IN LAUDERDALE LAKES



Citterio
MORTADELLA
With or Without Pistachios
5.99lb.



El Toro
SERRANO HAM
4.99lb.



Paisa
MUENSTER CHEESE
4.99lb.

DAIRY & FROZEN



El Sembrador
PIGEON PEAS
14 oz.
2/$3



El Viejo Luis
DOUGH FOR PASTRIES
10 ct.
2/$4



Tradiciones Andinas
PAPAS CRIOLLAS
32 oz.
5.99



Naturissimo
PAN DE YUCA
14.1 oz.
4.99



Almond Breeze
ASSORTED MILK
96 oz.
5.99



Welch's
PASSION FRUIT JUICE
59 oz.
2/$6



Hillandale
ASSORTED BAR CHEESE
8 oz.
2/$5



Land O Lakes
ASSORTED BUTTER SPREADS
8 oz.
2/$5



Chobani
ASSORTED COFFEE CREAMER
24 oz.
5.99



Tropical
QUESO BLANCO OR QUESO DE FREIR
16 oz.
5.99

PRICES GOOD NOVEMBER 04 THROUGH NOVEMBER 17, 2026 - ALL STORES

FRESH PRODUCE



EGGPLANT **1.19lb.**



YELLOW BANANA **.59lb.**



YUCA **.99lb.**



MALANGA COCO **1.19lb.**



RIPE PAPAYA **1.29lb.**



GREEN BANANA **.59lb.**



MALANGA WHITE **2.49lb.**



SPINACH 10 oz. Bag **2/$5**



CARROTS 5 lb. Bag **2/$7**

GROCERY SAVINGS



Pillsbury
ALL PURPOSE FLOUR
5 lbs. **4.49**



Mahatma
LONG GRAIN RICE
20 lbs. **11.99**



Snow White
TURBINADO SUGAR
2 lbs. **2.49**



Flora
ASSORTED PASTA
16 oz. **2/$3**



Raos
ASSORTED SAUCE
24 oz. **5.99**



Bragg
APPLE CIDER VINEGAR
32 oz. **4.99**



Badia
EXTRA VIRGIN OLIVE OIL
17 oz. **7.99**



American Spice
HIMALAYAN PINK SALTS
5 lbs. **7.49**



Slap Ya Mama
ORIGINAL CAJUN SEASONING
8 oz. **2.49**



Flora
DICED TOMATOES
14 oz. **5/$5**



Nezka
EVAPORATED CREAMER MILK
12 oz. **5/$5**



Rosolini
AVOCADO & SUNFLOWER OIL
67.6 oz. **9.99**



Mazola
CORN OIL
128 oz. **17.99**



Badia
COMPLETE SEASONING
4.25 oz. **2/$3**



JLM
THOMPSON SELECT RAISINS
15 oz. **4.99**



Louisiana
ASSORTED FISH FRY
10 oz. **2/$3**



Constanza
ASSORTED COCONUT WATER
4 pk. **4.99**



Vita Malta
ASSORTED DRINKS
6 pk. **4.99**



La Fe
SOURSOP JUICE DRINK
1 ltr. **2/$4**



Clorox
SCENTIVA BLEACH
124 oz. **4.99**

DON'T FEEL LIKE COOKING?

NOT AVAILABLE IN LAUDERDALE LAKES

Visit our café for tasty meals without the hassle!



FRESH & CRISPY CHICHARRÓN **6.99lb.**



ROPA VIEJA (SHREDDED BEEF) COMBO
with 2 Sides **8.99**



CHICKEN WINGS COMBO
with 2 Sides **6.99**



CUBAN PORK (MASITAS DE PUERCO) COMBO
with 2 Sides **7.49**